



SSC MTS **SHIFT – 3 (11-05-2023)**

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## Multi Tasking Non Technical Staff and Havaladar CBIC and CBN Examination 2022

Roll Number	
Candidate Name	
Venue Name	
Exam Date	11/05/2023
Exam Time	3:30 PM - 5:00 PM
Subject	MTS Non Tech Havaladar CBIC and CBN Examination 2022

Section : Numerical and Mathematical Ability

Q.1 The value of  $\frac{3}{8} + \left[ \left( \frac{4}{8} \div \frac{2}{3} \right) \times \frac{8}{5} + \frac{3}{10} \right]$  is:

- Ans
- 1.  $\frac{15}{8}$
  - 2.  $\frac{3}{8}$
  - 3.  $\frac{3}{2}$
  - 4.  $\frac{15}{2}$

Question Type : MCQ  
Question ID : 264330133817  
Option 1 ID : 264330524291  
Option 2 ID : 264330524292  
Option 3 ID : 264330524293  
Option 4 ID : 264330524294  
Status : Answered  
Chosen Option : 1

Q.2 A picture is 40 cm wide and 1.6 m long. The ratio of its width to its perimeter is:

- Ans
- 1. 4:1
  - 2. 10:1
  - 3. 1:10
  - 4. 1:4

Question Type : MCQ  
Question ID : 264330138444  
Option 1 ID : 264330542384  
Option 2 ID : 264330542385  
Option 3 ID : 264330542386  
Option 4 ID : 264330542383  
Status : Answered  
Chosen Option : 3

**Q.3** A man can row 12 km/hr in still water. It takes him 4 times as long as to row up as to row down the river. The speed of the stream is:

- Ans**
- 1. 7.2 km/hr
  - 2. 3.6 km/hr
  - 3. 9.8 km/hr
  - 4. 4.9 km/hr

Question Type : **MCQ**  
Question ID : **264330138448**  
Option 1 ID : **264330542400**  
Option 2 ID : **264330542399**  
Option 3 ID : **264330542401**  
Option 4 ID : **264330542402**  
Status : **Answered**  
Chosen Option : 1

**Q.4** A fruit dealer gets the cost price of 60 bananas by selling 40 bananas. What is the profit percent?

- Ans**
- 1. 45%
  - 2. 50%
  - 3. 55%
  - 4. 30%

Question Type : **MCQ**  
Question ID : **264330141013**  
Option 1 ID : **264330552399**  
Option 2 ID : **264330552400**  
Option 3 ID : **264330552401**  
Option 4 ID : **264330552402**  
Status : **Answered**  
Chosen Option : 2

**Q.5** If the selling price of 9 boxes is equal to cost price of 15 boxes. The gain percent is (Selling price of all boxes is same. Cost price of all boxes is same):

- Ans**
- 1.  $(50/3)\%$
  - 2.  $(200/3)\%$
  - 3.  $(100/3)\%$
  - 4.  $(140/3)\%$

Question Type : **MCQ**  
Question ID : **264330138442**  
Option 1 ID : **264330542377**  
Option 2 ID : **264330542375**  
Option 3 ID : **264330542376**  
Option 4 ID : **264330542378**  
Status : **Answered**  
Chosen Option : 2

**Q.6** The lateral area is thrice as big as the base area of a cone. If the diameter of the cone is 1 cm, then what is the total surface area of cone?

- Ans**
- ✓ 1.  $\pi \text{ cm}^2$
  - ✗ 2.  $3\pi \text{ cm}^2$
  - ✗ 3.  $2\pi \text{ cm}^2$
  - ✗ 4.  $4\pi \text{ cm}^2$

Question Type : **MCQ**  
Question ID : **264330133855**  
Option 1 ID : **264330524443**  
Option 2 ID : **264330524446**  
Option 3 ID : **264330524445**  
Option 4 ID : **264330524444**  
Status : **Answered**  
Chosen Option : 1

**Q.7** Find the LCM of reciprocals of 22 and 16.

- Ans**
- ✓ 1.  $1/2$
  - ✗ 2.  $1/3$
  - ✗ 3.  $1/6$
  - ✗ 4.  $1/4$

Question Type : **MCQ**  
Question ID : **264330135392**  
Option 1 ID : **264330530476**  
Option 2 ID : **264330530477**  
Option 3 ID : **264330530478**  
Option 4 ID : **264330530475**  
Status : **Answered**  
Chosen Option : 1

**Q.8** Sameer walks a certain distance and rides back taking a total time of 40 minutes. He could walk both ways in 70 minutes. How long would it take for him to ride both ways?

- Ans**
- ✗ 1. 7 minutes
  - ✗ 2. 5 minutes
  - ✓ 3. 10 minutes
  - ✗ 4. 15 minutes

Question Type : **MCQ**  
Question ID : **264330135417**  
Option 1 ID : **264330530578**  
Option 2 ID : **264330530575**  
Option 3 ID : **264330530576**  
Option 4 ID : **264330530577**  
Status : **Answered**  
Chosen Option : 3

**Q.9** X and Y together can do a piece of work in 45 days. If Y alone can complete it in 180 days, then in how many days X alone can complete the work?

- Ans
- 1. 90 days
  - 2. 40 days
  - 3. 60 days
  - 4. 80 days

Question Type : MCQ  
Question ID : 264330138103  
Option 1 ID : 264330541022  
Option 2 ID : 264330541021  
Option 3 ID : 264330541020  
Option 4 ID : 264330541019  
Status : Answered  
Chosen Option : 3

**Q.10** The following table shows the total number of account holder in 5 different Banks.  
How many women account holders are there in Bank R?

Bank Name	Total number of account holder	Percentage of		
		Men	Women	Children
P	35690	45	50	5
Q	40800	38	46	16
R	47600	52	42	6
S	54280	64	22	14
T	38920	20	60	20

- Ans
- 1. 19992
  - 2. 20480
  - 3. 30500
  - 4. 47600

Question Type : MCQ  
Question ID : 264330133831  
Option 1 ID : 264330524350  
Option 2 ID : 264330524349  
Option 3 ID : 264330524348  
Option 4 ID : 264330524347  
Status : Answered  
Chosen Option : 1

**Q.11** P and Q can do a piece of work in 24 days, while R and S can do the same work in 8 days. In how many days P, Q, R and S do it together?

- Ans**
- 1. 10 days
  - 2. 6 days
  - 3. 7 days
  - 4. 5 days

Question Type : **MCQ**  
Question ID : **264330133850**  
Option 1 ID : **264330524425**  
Option 2 ID : **264330524424**  
Option 3 ID : **264330524426**  
Option 4 ID : **264330524423**  
Status : **Answered**  
Chosen Option : 2

**Q.12** Allowing 10% and 13% successive discounts, the selling price of an article becomes Rs. 14094. The marked price is:

- Ans**
- 1. Rs. 19000
  - 2. Rs. 20090
  - 3. Rs. 18000
  - 4. Rs. 16200

Question Type : **MCQ**  
Question ID : **264330138443**  
Option 1 ID : **264330542382**  
Option 2 ID : **264330542381**  
Option 3 ID : **264330542380**  
Option 4 ID : **264330542379**  
Status : **Answered**  
Chosen Option : 3

**Q.13** The average salary of all the employees in an organization is Rs. 10000. The average salary of 10 technicians is Rs. 8000 and the average salary of the rest is Rs. 14000. The total number of employees in the organization is:

- Ans**
- 1. 21
  - 2. 18
  - 3. 15
  - 4. 12

Question Type : **MCQ**  
Question ID : **264330138437**  
Option 1 ID : **264330542356**  
Option 2 ID : **264330542358**  
Option 3 ID : **264330542357**  
Option 4 ID : **264330542355**  
Status : **Answered**  
Chosen Option : 3

Q.14 Determine the correct answer for  $(1/8) + (9/4) - 3$ .

- Ans
- 1.  $2/5$
  - 2.  $7/8$
  - 3.  $-5/8$
  - 4.  $-3/8$

Question Type : MCQ  
Question ID : 264330138434  
Option 1 ID : 264330542346  
Option 2 ID : 264330542344  
Option 3 ID : 264330542345  
Option 4 ID : 264330542343  
Status : Answered  
Chosen Option : 3

Q.15 The circumference of a circle is 220 cm. What is the area of that circle?

- Ans
- 1.  $3850 \text{ cm}^2$
  - 2.  $4550 \text{ cm}^2$
  - 3.  $2850 \text{ cm}^2$
  - 4.  $4650 \text{ cm}^2$

Question Type : MCQ  
Question ID : 264330138107  
Option 1 ID : 264330541035  
Option 2 ID : 264330541036  
Option 3 ID : 264330541037  
Option 4 ID : 264330541038  
Status : Answered  
Chosen Option : 1

Q.16 If the cost of 3 dozens of bananas is Rs. 180, then what is the cost of 7 dozens of Bananas?

- Ans
- 1. Rs. 490
  - 2. Rs. 210
  - 3. Rs. 420
  - 4. Rs. 350

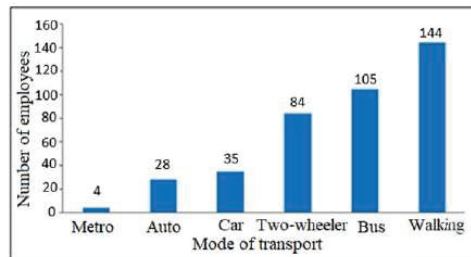
Question Type : MCQ  
Question ID : 264330138445  
Option 1 ID : 264330542388  
Option 2 ID : 264330542390  
Option 3 ID : 264330542389  
Option 4 ID : 264330542387  
Status : Answered  
Chosen Option : 3

Q.17 What is the maturity value of Rs.7416 at the end of 3 years at 8.33% simple interest?

- Ans
- 1. Rs.10400
  - 2. Rs.9270
  - 3. Rs.9990
  - 4. Rs.8840

Question Type : MCQ  
Question ID : 264330135424  
Option 1 ID : 264330530605  
Option 2 ID : 264330530603  
Option 3 ID : 264330530606  
Option 4 ID : 264330530604  
Status : Answered  
Chosen Option : 2

Q.18 The following bar graph shows the mode of transport used by the employees of a company. How much percent of total employees use two-wheelers as a mode of transport?



- Ans
- 1. 25%
  - 2. 21%
  - 3. 12%
  - 4. 42%

Question Type : MCQ  
Question ID : 264330138452  
Option 1 ID : 264330542418  
Option 2 ID : 264330542417  
Option 3 ID : 264330542416  
Option 4 ID : 264330542415  
Status : Answered  
Chosen Option : 2

Q.19 The simple interest received on a sum is  $\frac{4}{9}$  of the sum. The number of years is equal to the annual rate of interest. What is the annual rate of interest?

- Ans
- 1. 7.5 percent
  - 2. 6.66 percent
  - 3. 6 percent
  - 4. 5.25 percent

Question Type : MCQ  
Question ID : 264330137613  
Option 1 ID : 264330539060  
Option 2 ID : 264330539059  
Option 3 ID : 264330539061  
Option 4 ID : 264330539062  
Status : Answered  
Chosen Option : 2



Q.20 If 30 percent of 600 is 60 percent more than A, then what is the value of A?

- Ans
- 1. 133.33
  - 2. 125
  - 3. 112.5
  - 4. 118.25

Question Type : MCQ  
Question ID : 264330137608  
Option 1 ID : 264330539042  
Option 2 ID : 264330539040  
Option 3 ID : 264330539041  
Option 4 ID : 264330539039  
Status : Answered  
Chosen Option : 3

Section : Reasoning Ability and Problem Solving

Q.1 A series is given with one term missing. Select the correct alternative from the given ones that will complete the series.

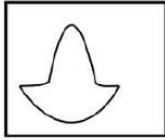
FGN, JIR, NMV, ?, VSD

- Ans
- 1. SPZ
  - 2. RPZ
  - 3. RQZ
  - 4. RPA

Question Type : MCQ  
Question ID : 264330138540  
Option 1 ID : 264330542769  
Option 2 ID : 264330542767  
Option 3 ID : 264330542768  
Option 4 ID : 264330542770  
Status : Answered  
Chosen Option : 2

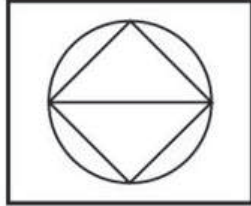


Q.2 Select the option figure in which the given figure is embedded as its part (rotation is NOT allowed).

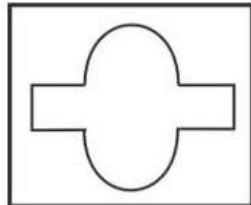


Ans

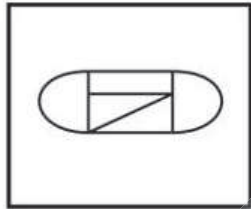
✗ 1.



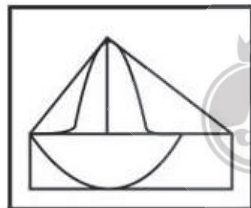
✗ 2.



✗ 3.



✓ 4.



Question Type : MCQ

Question ID : 264330133543

Option 1 ID : 264330523203

Option 2 ID : 264330523205

Option 3 ID : 264330523206

Option 4 ID : 264330523204

Status : Answered

Chosen Option : 4

**Q.3** In a certain code language, 'SURE' is coded as '20, 22, 19, 6', 'THEM' is coded as '21, 9, 6, 14'. What is the code for 'SELF' in that code language?

- Ans**
- 1. 20, 6, 13, 7
  - 2. 20, 6, 12, 7
  - 3. 20, 5, 13, 7
  - 4. 19, 6, 13, 7

Question Type : **MCQ**  
Question ID : **264330138482**  
Option 1 ID : **264330542537**  
Option 2 ID : **264330542538**  
Option 3 ID : **264330542536**  
Option 4 ID : **264330542535**  
Status : **Answered**  
Chosen Option : 1

**Q.4** Select the option that is related to the sixth term in the same way as the first term is related to the second term and third term is related to fourth term.

FOL : RUL :: KAR : XGQ :: ? : TON

- Ans**
- 1. HIN
  - 2. HIM
  - 3. HJM
  - 4. HJN

Question Type : **MCQ**  
Question ID : **264330138543**  
Option 1 ID : **264330542780**  
Option 2 ID : **264330542779**  
Option 3 ID : **264330542782**  
Option 4 ID : **264330542781**  
Status : **Answered**  
Chosen Option : 1

**Q.5** आठ लड़के विराट, रोहित, कमल, लक्ष्मण, राहुल, राम, रमेश और सोहन एक वृत्ताकार मेज के चारों ओर केंद्र की ओर मुख करके बैठे हैं (परंतु जरूरी नहीं कि वे इसी क्रम में बैठें हों)। राहुल, कमल के बाईं ओर से दूसरे स्थान पर है। कमल, विराट के बाईं ओर से तीसरे स्थान पर है। लक्ष्मण, राम के दाईं ओर से दूसरे स्थान पर है। रोहित, कमल के दाईं ओर से दूसरे स्थान पर है। रमेश, कमल का निकटतम पड़ोसी नहीं है। विराट, राम के बाईं ओर से दूसरे स्थान पर है। सोहन के दाईं ओर से दूसरे स्थान पर कौन है?

- Ans**
- 1. लक्ष्मण
  - 2. राम
  - 3. रमेश
  - 4. विराट

Question Type : **MCQ**  
Question ID : **264330138548**  
Option 1 ID : **264330542802**  
Option 2 ID : **264330542801**  
Option 3 ID : **264330542800**  
Option 4 ID : **264330542799**  
Status : **Answered**  
Chosen Option : 4

Q.6 In the following question, select the missing number of the given series.

1, 3, 7, 15, 31, ?

- Ans
- 1. 63
  - 2. 60
  - 3. 66
  - 4. 65

Question Type : MCQ  
Question ID : 264330138553  
Option 1 ID : 264330542820  
Option 2 ID : 264330542819  
Option 3 ID : 264330542822  
Option 4 ID : 264330542821  
Status : Answered  
Chosen Option : 1

Q.7 After interchanging which two signs and two numbers, the value of the given equation will be '44'?

$$6 \times 7 + 9 + 3 - 8$$

- Ans
- 1. + and ÷, 7 and 8
  - 2. + and -, 6 and 8
  - 3. × and +, 8 and 6
  - 4. × and ÷, 9 and 6

Question Type : MCQ  
Question ID : 264330135633  
Option 1 ID : 264330531431  
Option 2 ID : 264330531432  
Option 3 ID : 264330531434  
Option 4 ID : 264330531433  
Status : Answered  
Chosen Option : 1

Q.8 Select the option that is related to the fifth number in the same way as the second number is related to the first number and fourth number is related to third number.

20 : 105 :: 30 : 155 :: 50 : ?

- Ans
- 1. 255
  - 2. 235
  - 3. 245
  - 4. 265

Question Type : MCQ  
Question ID : 264330137530  
Option 1 ID : 264330538729  
Option 2 ID : 264330538727  
Option 3 ID : 264330538728  
Option 4 ID : 264330538730  
Status : Answered  
Chosen Option : 1

**Q.9** In the following question, select the missing number of the given series.

49, 68, 87, ?, 125

- Ans**
- 1. 107
  - 2. 106
  - 3. 104
  - 4. 108

Question Type : **MCQ**  
Question ID : **264330137528**  
Option 1 ID : **264330538722**  
Option 2 ID : **264330538721**  
Option 3 ID : **264330538719**  
Option 4 ID : **264330538720**  
Status : **Answered**  
Chosen Option : **2**

**Q.10** In a certain code language, 'WINDOW' is coded as 'WODNIW'. What is the code for 'DOORS' in that code language?

- Ans**
- 1. SRROD
  - 2. SSLLD
  - 3. SROOD
  - 4. SROOE

Question Type : **MCQ**  
Question ID : **264330135619**  
Option 1 ID : **264330531378**  
Option 2 ID : **264330531376**  
Option 3 ID : **264330531375**  
Option 4 ID : **264330531377**  
Status : **Answered**  
Chosen Option : **3**

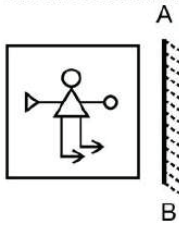
**Q.11** Select the option that is related to the fifth term in the same way as the second term is related to the first term and fourth term is related to third term.

GBQ : NYD :: ABR : OYX :: KND : ?

- Ans**
- 1. AKI
  - 2. AKH
  - 3. BLH
  - 4. BKI

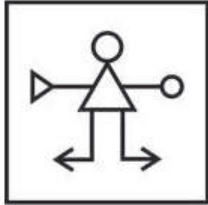
Question Type : **MCQ**  
Question ID : **264330138542**  
Option 1 ID : **264330542777**  
Option 2 ID : **264330542776**  
Option 3 ID : **264330542775**  
Option 4 ID : **264330542778**  
Status : **Answered**  
Chosen Option : **2**

Q.12 Select the correct mirror image of the given figure when the mirror is placed at AB as shown below.

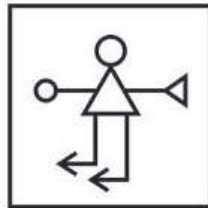


Ans

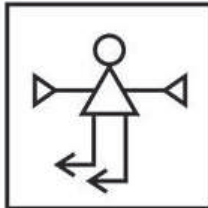
✗ 1.



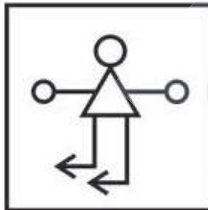
✓ 2.



✗ 3.



✗ 4.



Question Type : MCQ

Question ID : 264330133544

Option 1 ID : 264330523207

Option 2 ID : 264330523208

Option 3 ID : 264330523210

Option 4 ID : 264330523209

Status : Answered

Chosen Option : 2

**Q.13** Maximum marks of five exams E1, E2, E3, E4 and E5 are compared. Maximum marks of each exam are different. Maximum marks of E5 are more than E3 and maximum marks of E3 are more than E1. Maximum marks of E1 are more than E4 and E2. Maximum marks of E2 are not the least among them. If the maximum marks of E2 are 180, then what can be the maximum marks of E4?

- Ans**
- 1. 185
  - 2. 188
  - 3. 178
  - 4. 190

Question Type : MCQ  
Question ID : 264330138549  
Option 1 ID : 264330542803  
Option 2 ID : 264330542805  
Option 3 ID : 264330542806  
Option 4 ID : 264330542804  
Status : Answered  
Chosen Option : 3

**Q.14** In the following question below are given some statements followed by some conclusions based on those statements. Taking the given statements to be true even if they seem to be at variance from commonly known facts. Read all the conclusions and then decide which of the given conclusion logically follows the given statements.

Statements:

I. All W are T.

II. All M are W.

Conclusion:

I. All M are T.

II. Some T are W.

- Ans**
- 1. Neither conclusion follows
  - 2. Both conclusions I and II follows
  - 3. Only conclusion II follows
  - 4. Only conclusion I follows

Question Type : MCQ  
Question ID : 264330138550  
Option 1 ID : 264330542810  
Option 2 ID : 264330542809  
Option 3 ID : 264330542808  
Option 4 ID : 264330542807  
Status : Answered  
Chosen Option : 2

**Q.15** Select the option in which the numbers shares the same relationship in set as that shared by the numbers in the given set.  
(NOTE: Operations should be performed on the whole numbers, without breaking down the numbers into its constituent digits. E.g.13 – Operations on 13 such as adding /subtracting /multiplying etc. to 13 can be performed. Breaking down 13 into 1 and 3 and then performing mathematical operations on 1 and 3 is not allowed)

(144, 8, 4)

(256, 12, 4)

- Ans**
- 1. (324, 16, 3)
  - 2. (400, 16, 4)
  - 3. (225, 7, 6)
  - 4. (121, 7, 5)

Question Type : **MCQ**

Question ID : **264330138555**

Option 1 ID : **264330542828**

Option 2 ID : **264330542829**

Option 3 ID : **264330542827**

Option 4 ID : **264330542830**

Status : **Answered**

Chosen Option : **2**

**Q.16** In the following question below are given some statements followed by some conclusions based on those statements. Taking the given statements to be true even if they seem to be at variance from commonly known facts. Read all the conclusions and then decide which of the given conclusion logically follows the given statements.

Statements:

I. Some U are M.

II. All M are J.

Conclusion:

I. All J are U.

II. Some U are J.

III. Some M are U.

- Ans**
- 1. Only conclusion III follows
  - 2. Both conclusions I and III follows
  - 3. Only conclusion II follows
  - 4. Both conclusions II and III follows

Question Type : **MCQ**

Question ID : **264330138551**

Option 1 ID : **264330542813**

Option 2 ID : **264330542811**

Option 3 ID : **264330542812**

Option 4 ID : **264330542814**

Status : **Answered**

Chosen Option : **3**



Q.17 सात खिलाड़ी विराट, राहुल, रोहित, सूर्या, हार्दिक, ऋषभ और दीपक एक वृत्ताकार मेज के चारों ओर केंद्र की ओर मुख करके बैठे हैं (परंतु जरूरी नहीं कि वे इसी क्रम में बैठें हों)। रोहित, विराट के बाईं ओर से दूसरे स्थान पर है। विराट, दीपक के दाईं ओर से चौथे स्थान पर है। हार्दिक, दीपक के ठीक बाईं ओर है। सूर्या, रोहित का निकटतम पड़ोसी नहीं है। ऋषभ, हार्दिक के दाईं ओर से दूसरे स्थान पर है। हार्दिक और ऋषभ का निकटतम पड़ोसी कौन है?

- Ans
- 1. राहुल
  - 2. सूर्या
  - 3. दीपक
  - 4. विराट

Question Type : MCQ  
 Question ID : 264330138547  
 Option 1 ID : 264330542796  
 Option 2 ID : 264330542797  
 Option 3 ID : 264330542798  
 Option 4 ID : 264330542795  
 Status : Answered  
 Chosen Option : 3

Q.18 Which answer figure will complete the pattern in the question figure?



Ans

- 1.
- 2.
- 3.
- 4.

Question Type : MCQ  
 Question ID : 264330138560  
 Option 1 ID : 264330542849  
 Option 2 ID : 264330542847  
 Option 3 ID : 264330542850  
 Option 4 ID : 264330542848  
 Status : Answered  
 Chosen Option : 4

Q.19 By interchanging which two numbers the equation will be correct?

$$3 \times 9 - 4 \div 2 + 6 = 28$$

- Ans
- 1. 9 and 2
  - 2. 6 and 4
  - 3. 3 and 6
  - 4. 9 and 6

Question Type : MCQ  
Question ID : 264330138556  
Option 1 ID : 264330542832  
Option 2 ID : 264330542833  
Option 3 ID : 264330542831  
Option 4 ID : 264330542834  
Status : Answered  
Chosen Option : 2

Q.20 In a certain code language, 'Neha play Volleyball' means 'no la ta', 'Neha like playing' means 'la to zu', 'Volleyball is best game' means 'xu no ba cu', then what is the code for Volleyball?

- Ans
- 1. ta
  - 2. ba
  - 3. no
  - 4. la

Question Type : MCQ  
Question ID : 264330133511  
Option 1 ID : 264330523076  
Option 2 ID : 264330523078  
Option 3 ID : 264330523077  
Option 4 ID : 264330523075  
Status : Answered  
Chosen Option : 3

Section : General Awareness

Q.1 Plasma is often called the \_\_\_\_\_ state of matter.

- Ans
- 1. fourth
  - 2. ninth
  - 3. eighth
  - 4. sixth

Question Type : MCQ  
Question ID : 264330137691  
Option 1 ID : 264330539371  
Option 2 ID : 264330539374  
Option 3 ID : 264330539373  
Option 4 ID : 264330539372  
Status : Answered  
Chosen Option : 1

Q.2 निम्नलिखित में से अंतिम पल्लव राजा कौन थे?

- Ans
- 1. महेंद्रवर्मन (Mahendravarman) प्रथम
  - 2. अपराजितवर्मन (Aparajitavarman)
  - 3. नरसिंहवर्मन (Narasimhavarman) प्रथम
  - 4. सिंहविष्णु (Simhavishnu)

Question Type : MCQ  
Question ID : 264330134019  
Option 1 ID : 264330525099  
Option 2 ID : 264330525101  
Option 3 ID : 264330525100  
Option 4 ID : 264330525102  
Status : Answered  
Chosen Option : 4

Q.3 In October 2022, ISRO chairman announced expected launch year of Chandrayaan 3 in \_\_\_\_\_.

- Ans
- 1. 2030
  - 2. 2027
  - 3. 2025
  - 4. 2023

Question Type : MCQ  
Question ID : 264330135485  
Option 1 ID : 264330530850  
Option 2 ID : 264330530849  
Option 3 ID : 264330530848  
Option 4 ID : 264330530847  
Status : Answered  
Chosen Option : 2

Q.4 Which among the following festivals is thanksgiving festival, mainly celebrated in Goa?

- Ans
- 1. Hornbill
  - 2. Myoko
  - 3. Bihula
  - 4. Ladainha

Question Type : MCQ  
Question ID : 264330134009  
Option 1 ID : 264330525059  
Option 2 ID : 264330525062  
Option 3 ID : 264330525061  
Option 4 ID : 264330525060  
Status : Answered  
Chosen Option : 4

Q.5 Which city hosted the 2022 commonwealth games?

- Ans
- 1. Greenwich
  - 2. Birmingham
  - 3. London
  - 4. Durban

Question Type : MCQ  
Question ID : 264330137709  
Option 1 ID : 264330539444  
Option 2 ID : 264330539443  
Option 3 ID : 264330539445  
Option 4 ID : 264330539446  
Status : Answered  
Chosen Option : 2

Q.6 Which among the following books released in 2021 was written by Amartya Sen?

- Ans
- 1. Will
  - 2. It's a Wonderful Life
  - 3. Home in the World
  - 4. Skill It, Kill It

Question Type : MCQ  
Question ID : 264330133998  
Option 1 ID : 264330525018  
Option 2 ID : 264330525017  
Option 3 ID : 264330525016  
Option 4 ID : 264330525015  
Status : Answered  
Chosen Option : 2

Q.7 What is the study of interactions between a living organism and its environment?

- Ans
- 1. Ecology
  - 2. Biome
  - 3. Bio-reserve
  - 4. Ecosystem

Question Type : MCQ  
Question ID : 264330137693  
Option 1 ID : 264330539380  
Option 2 ID : 264330539382  
Option 3 ID : 264330539381  
Option 4 ID : 264330539379  
Status : Answered  
Chosen Option : 1

Q.8 संगफाओ (Sangphao) आदिवासी नृत्य निम्नलिखित में से किस राज्य में किया जाता है?

- Ans
- 1. गुजरात
  - 2. राजस्थान
  - 3. पश्चिम बंगाल
  - 4. नागालैंड

Question Type : MCQ  
Question ID : 264330138321  
Option 1 ID : 264330541892  
Option 2 ID : 264330541891  
Option 3 ID : 264330541893  
Option 4 ID : 264330541894  
Status : Answered  
Chosen Option : 4

Q.9 Which continent of the world is referred to as a "Continent, Dedicated to Science"?

- Ans
- 1. Africa
  - 2. Antarctica
  - 3. North America
  - 4. Asia

Question Type : MCQ  
Question ID : 264330137694  
Option 1 ID : 264330539386  
Option 2 ID : 264330539384  
Option 3 ID : 264330539383  
Option 4 ID : 264330539385  
Status : Answered  
Chosen Option : 2

Q.10 In which of the following parts of the Indian constitution, Fundamental Rights are contained?

- Ans
- 1. Part III
  - 2. Part IV
  - 3. Part V
  - 4. Part II

Question Type : MCQ  
Question ID : 264330138333  
Option 1 ID : 264330541940  
Option 2 ID : 264330541941  
Option 3 ID : 264330541942  
Option 4 ID : 264330541939  
Status : Answered  
Chosen Option : 1

Q.11 Who was the Governor-General of India when Doctrine of Lapse was introduced in India?

- Ans
- 1. Lord Mountbatten
  - 2. Lord Dalhousie
  - 3. Lord Cornwallis
  - 4. Lord Canning

Question Type : MCQ  
Question ID : 264330135499  
Option 1 ID : 264330530903  
Option 2 ID : 264330530904  
Option 3 ID : 264330530906  
Option 4 ID : 264330530905  
Status : Answered  
Chosen Option : 2

Q.12 Presence of which phenomenon leads to weakening of trade winds in a region?

- Ans
- 1. Coriolis force
  - 2. Mango Shower
  - 3. El Nino
  - 4. La Nina

Question Type : MCQ  
Question ID : 264330138339  
Option 1 ID : 264330541963  
Option 2 ID : 264330541966  
Option 3 ID : 264330541965  
Option 4 ID : 264330541964  
Status : Answered  
Chosen Option : 3

Q.13 The mode of nutrition in which organisms make food themselves from simple substances is called

- \_\_\_\_\_.
- Ans
- 1. heterotrophic nutrition
  - 2. autotrophic nutrition
  - 3. saprotrophic nutrition
  - 4. phototrophic nutrition

Question Type : MCQ  
Question ID : 264330138334  
Option 1 ID : 264330541943  
Option 2 ID : 264330541944  
Option 3 ID : 264330541946  
Option 4 ID : 264330541945  
Status : Answered  
Chosen Option : 2

Q.14 निम्नलिखित में से किस मृदा में स्वतः-जुताई की विशेषता के कारण सबसे कम जुताई की आवश्यकता होती है?

- Ans
- 1. लाल मृदा (Red soil)
  - 2. लैटेराइट मृदा (Laterite soil)
  - 3. पीट युक्त मृदा (Peaty soil)
  - 4. काली मृदा (Black soil)

Question Type : MCQ  
Question ID : 264330133990  
Option 1 ID : 264330524983  
Option 2 ID : 264330524986  
Option 3 ID : 264330524985  
Option 4 ID : 264330524984  
Status : Answered  
Chosen Option : 2

Q.15 निम्नलिखित में से किसने विधवा पुनर्विवाह संघ (Widow Re-Marriage Association) की स्थापना की थी?

- Ans
- 1. राजा राममोहन राँय
  - 2. पंडित विष्णु शास्त्री
  - 3. स्वामी विवेकानंद
  - 4. केशव चंद्र सेन (Keshab Chandra Sen)

Question Type : MCQ  
Question ID : 264330134022  
Option 1 ID : 264330525114  
Option 2 ID : 264330525113  
Option 3 ID : 264330525111  
Option 4 ID : 264330525112  
Status : Answered  
Chosen Option : 4

Q.16 \_\_\_\_\_ is a Hindustani classical musician who plays the bowed instrument, the sarangi.

- Ans
- 1. Sandeep Das
  - 2. Zakir Hussain
  - 3. Shiv Kumar Sharma
  - 4. Pandit Ram Narayan

Question Type : MCQ  
Question ID : 264330138327  
Option 1 ID : 264330541918  
Option 2 ID : 264330541917  
Option 3 ID : 264330541916  
Option 4 ID : 264330541915  
Status : Answered  
Chosen Option : 4

Q.17 Which among the following is the oldest joint stock bank in India?

- Ans
- 1. Allahabad Bank
  - 2. Bank of Baroda
  - 3. Yes Bank
  - 4. Punjab National Bank

Question Type : MCQ  
Question ID : 264330134005  
Option 1 ID : 264330525043  
Option 2 ID : 264330525045  
Option 3 ID : 264330525046  
Option 4 ID : 264330525044  
Status : Answered  
Chosen Option : 4

Q.18 Chandragupta, was the first ruler of the Gupta dynasty to adopt the grand title of \_\_\_\_\_.

- Ans
- 1. dharamraja
  - 2. maharaj-adhiraja
  - 3. maharaja
  - 4. devanampriya

Question Type : MCQ  
Question ID : 264330133918  
Option 1 ID : 264330524697  
Option 2 ID : 264330524698  
Option 3 ID : 264330524696  
Option 4 ID : 264330524695  
Status : Answered  
Chosen Option : 2

Q.19 Which Indian monument was the most visited monument by domestic tourists in financial year 2022?

- Ans
- 1. Humayun's Tomb
  - 2. Taj Mahal
  - 3. Red Fort of Delhi
  - 4. Qutub Minar

Question Type : MCQ  
Question ID : 264330138330  
Option 1 ID : 264330541927  
Option 2 ID : 264330541929  
Option 3 ID : 264330541928  
Option 4 ID : 264330541930  
Status : Answered  
Chosen Option : 2



Q.20 भारत की किस स्थापत्य शैली को लटकती बालकनियों और मेहराब के आकार की कॅगनी (cornices) के उपयोग के कारण अलग पहचान मिली?

- Ans
- 1. राजपूत
  - 2. सिख
  - 3. नागर
  - 4. मुगल

Question Type : MCQ  
Question ID : 264330135488  
Option 1 ID : 264330530861  
Option 2 ID : 264330530859  
Option 3 ID : 264330530862  
Option 4 ID : 264330530860  
Status : Answered  
Chosen Option : 4

Q.21 Who was the only female Muslim ruler to ever rule India?

- Ans
- 1. Rabia-ud-durani
  - 2. Haazi Begum
  - 3. Razia Sultan
  - 4. Arzumand Bano

Question Type : MCQ  
Question ID : 264330137700  
Option 1 ID : 264330539409  
Option 2 ID : 264330539408  
Option 3 ID : 264330539407  
Option 4 ID : 264330539410  
Status : Answered  
Chosen Option : 3

Q.22 Who has been appointed as the new Chief Executive Officer of NITI Aayog in June 2022?

- Ans
- 1. Dr. P.K. Mishra
  - 2. Ramesh Chand
  - 3. Parameswaran Iyer
  - 4. Narendra Kumar Kashyap

Question Type : MCQ  
Question ID : 264330138329  
Option 1 ID : 264330541924  
Option 2 ID : 264330541923  
Option 3 ID : 264330541925  
Option 4 ID : 264330541926  
Status : Answered  
Chosen Option : 3

Q.23 Who among the following revived Kuchipudi, started his own 'Kuchipudi Dance Academy' in Chennai and received 'Padma Bhushan' in the year 1998?

- Ans
- 1. Kelucharan Mohapatra
  - 2. Uday Shankar
  - 3. Guru Vempati Chinna Satyam
  - 4. Guru Bipin Singh

Question Type : MCQ  
Question ID : 264330134000  
Option 1 ID : 264330525024  
Option 2 ID : 264330525023  
Option 3 ID : 264330525025  
Option 4 ID : 264330525026  
Status : Answered  
Chosen Option : 3

Q.24 In hockey, yellow card refers to temporary suspension of player for a minimum of \_\_\_\_\_ minutes of playing time.

- Ans
- 1. five
  - 2. three
  - 3. seven
  - 4. nine

Question Type : MCQ  
Question ID : 264330138324  
Option 1 ID : 264330541904  
Option 2 ID : 264330541903  
Option 3 ID : 264330541905  
Option 4 ID : 264330541906  
Status : Answered  
Chosen Option : 1

Q.25 जब व्यक्ति नए देश में जाता है, तो उसे \_\_\_\_\_ कहते हैं।

- Ans
- 1. आप्रवास (Immigration)
  - 2. उत्प्रवास (Emigration)
  - 3. बाह्य-प्रवास (Out-Migration)
  - 4. अन्तःप्रवास (Intra-Migration)

Question Type : MCQ  
Question ID : 264330138694  
Option 1 ID : 264330543384  
Option 2 ID : 264330543383  
Option 3 ID : 264330543386  
Option 4 ID : 264330543385  
Status : Answered  
Chosen Option : 2

Section : English Language and Comprehension

Q.1 Fill in the blank with the most appropriate option.

At gurukul they spend many years together, growing into the best of friends, and \_\_\_\_\_ was time for each to return to his home, they wept.

Ans  1. instantly it

2. soon it

3. when it

4. after it

Question Type : MCQ

Question ID : 264330136697

Option 1 ID : 264330535504

Option 2 ID : 264330535503

Option 3 ID : 264330535506

Option 4 ID : 264330535505

Status : Answered

Chosen Option : 3

Q.2 Fill in the blank with the most appropriate option.

The television is big, has an excellent picture, and last but not \_\_\_\_\_, it's cheap.

Ans  1. close

2. final

3. end

4. least

Question Type : MCQ

Question ID : 264330136716

Option 1 ID : 264330535578

Option 2 ID : 264330535577

Option 3 ID : 264330535576

Option 4 ID : 264330535575

Status : Answered

Chosen Option : 4

Q.3 Select the most appropriate meaning of the given idiom.

Go down like a lead balloon

Ans  1. To be received badly by an audience

2.

Put yourself in a tough position in order to support someone / something

3. Surrender peacefully

4. To gamble everything you have

Question Type : MCQ

Question ID : 264330136051

Option 1 ID : 264330533019

Option 2 ID : 264330533021

Option 3 ID : 264330533022

Option 4 ID : 264330533020

Status : Answered

Chosen Option : 2

Q.4 Select the most appropriate word for the given group of words.

One appointed to act in place of another

- Ans
- 1. Deputy
  - 2. Minister
  - 3. Officer
  - 4. Delegate

Question Type : MCQ  
Question ID : 264330136706  
Option 1 ID : 264330535536  
Option 2 ID : 264330535535  
Option 3 ID : 264330535537  
Option 4 ID : 264330535538  
Status : Answered  
Chosen Option : 1

Q.5 Select the word from the options which is exactly opposite in meaning to the bracketed word given in the sentence below.

It automatically (adjusts) resistance to match the road grade.

- Ans
- 1. rectify
  - 2. order
  - 3. suit
  - 4. disorganise

Question Type : MCQ  
Question ID : 264330136710  
Option 1 ID : 264330535554  
Option 2 ID : 264330535553  
Option 3 ID : 264330535552  
Option 4 ID : 264330535551  
Status : Answered  
Chosen Option : 4

Q.6 Improve the underlined part of the sentence. Choose 'No improvement' as an answer if the sentence is grammatically correct.

After recess, the students returns to their desks.

- Ans
- 1. returned to there
  - 2. returns to there
  - 3. returned to their
  - 4. No improvement

Question Type : MCQ  
Question ID : 264330135259  
Option 1 ID : 264330529956  
Option 2 ID : 264330529955  
Option 3 ID : 264330529957  
Option 4 ID : 264330529958  
Status : Answered  
Chosen Option : 3

Q.7 Find the part of the given sentence that has an error in it. If there is no error, choose 'No error'.

Allergies can indirect cause you to feel tired by robbing you of sleep.

- Ans
- 1. No error
  - 2. robbing you of sleep.
  - 3. Allergies can indirect
  - 4. cause you to feel tired by

Question Type : MCQ  
Question ID : 264330134503  
Option 1 ID : 264330526978  
Option 2 ID : 264330526977  
Option 3 ID : 264330526975  
Option 4 ID : 264330526976  
Status : Answered  
Chosen Option : 3

Q.8 Select the most appropriate option to substitute the bracketed segment in the given sentence. If there is no need to substitute it, select 'no substitution required'.

Bouaparte, unlike Hoche, was not (eagerly to embark in) a serious Irish expedition.

- Ans
- 1. eager to embark on
  - 2. No substitution required
  - 3. eagerest to embarked on
  - 4. eager into embark in

Question Type : MCQ  
Question ID : 264330136722  
Option 1 ID : 264330535601  
Option 2 ID : 264330535602  
Option 3 ID : 264330535599  
Option 4 ID : 264330535600  
Status : Answered  
Chosen Option : 1

Q.9 Select the most appropriate option to fill in the blank.  
You will \_\_\_\_\_ the price for this crime.

- Ans
- 1. make
  - 2. pay
  - 3. pale
  - 4. call

Question Type : MCQ  
Question ID : 264330134500  
Option 1 ID : 264330526966  
Option 2 ID : 264330526964  
Option 3 ID : 264330526965  
Option 4 ID : 264330526963  
Status : Answered  
Chosen Option : 2

Q.10 A sentence has been given with a blank to be filled with an appropriate option. Choose the correct alternative.

The frequency of large wildfires \_\_\_\_\_ dramatically in recent decades.

- Ans
- 1. did increase
  - 2. has increased
  - 3. increase
  - 4. have increased

Question Type : MCQ  
Question ID : 264330134509  
Option 1 ID : 264330527002  
Option 2 ID : 264330527001  
Option 3 ID : 264330527000  
Option 4 ID : 264330526999  
Status : Answered  
Chosen Option : 2

Q.11 Select the most appropriate synonym of the given word.

Victorious

- Ans
- 1. Champion
  - 2. Unsuccessful
  - 3. Failing
  - 4. Losing

Question Type : MCQ  
Question ID : 264330136707  
Option 1 ID : 264330535541  
Option 2 ID : 264330535542  
Option 3 ID : 264330535539  
Option 4 ID : 264330535540  
Status : Answered  
Chosen Option : 1

Q.12 The statement below has been given with bracketed text. Select the option with correct idiom for the bracketed text.

I'm sorry I snapped at you earlier, I think I (am just in a bad mood today).

- Ans
- 1. two wrongs don't make right
  - 2. clam up
  - 3. dressed to the nines
  - 4. got up on the wrong side of the bed

Question Type : MCQ  
Question ID : 264330136712  
Option 1 ID : 264330535562  
Option 2 ID : 264330535561  
Option 3 ID : 264330535559  
Option 4 ID : 264330535560  
Status : Answered  
Chosen Option : 4

Q.13 Four words are given, out of which only one word is spelt correctly. Choose the correctly spelt word.

- Ans  1. KNOWLEDGE  
 2. LIHGTNING  
 3. OCCASSION  
 4. MILLENIUM

Question Type : MCQ  
Question ID : 264330136713  
Option 1 ID : 264330535566  
Option 2 ID : 264330535564  
Option 3 ID : 264330535563  
Option 4 ID : 264330535565  
Status : Answered  
Chosen Option : 1

Q.14 Improve the underlined part of the sentence. Choose 'No improvement' as an answer if the sentence is grammatically correct.

I'll see you in the meets next week.

- Ans  1. at the meeting  
 2. No improvement  
 3. of the meeting  
 4. on the meeting

Question Type : MCQ  
Question ID : 264330136799  
Option 1 ID : 264330535896  
Option 2 ID : 264330535898  
Option 3 ID : 264330535895  
Option 4 ID : 264330535897  
Status : Answered  
Chosen Option : 1

Q.15 Select the most appropriate word for the given group of words.

Able to do many different things

- Ans  1. Versatile  
 2. Monastery  
 3. Omnipotent  
 4. Niche

Question Type : MCQ  
Question ID : 264330136045  
Option 1 ID : 264330532998  
Option 2 ID : 264330532995  
Option 3 ID : 264330532997  
Option 4 ID : 264330532996  
Status : Answered  
Chosen Option : 1

Q.16 Choose the word that is opposite in meaning to the given word.

Anomaly

- Ans
- 1. Omen
  - 2. Tangible
  - 3. Regularity
  - 4. Tangent

Question Type : MCQ  
Question ID : 264330135274  
Option 1 ID : 264330530013  
Option 2 ID : 264330530012  
Option 3 ID : 264330530014  
Option 4 ID : 264330530011  
Status : Answered  
Chosen Option : 3

Q.17 Find the part of the given sentence that has an error in it. If there is no error, choose 'No error'.

Both men and women consider a variety of concerns when selecting there outfits.

- Ans
- 1. consider a variety of concerns
  - 2. Both men and women
  - 3. No error
  - 4. when selecting there outfits.

Question Type : MCQ  
Question ID : 264330136796  
Option 1 ID : 264330535884  
Option 2 ID : 264330535883  
Option 3 ID : 264330535886  
Option 4 ID : 264330535885  
Status : Answered  
Chosen Option : 4

Q.18 Choose the sentence with no spelling error.

- Ans
- 1. You will be here for seventy-two hours.
  - 2. You will be heare for seventy-two hours.
  - 3. You will be here for sventy-two hours.
  - 4. You will be here for seventy-two huors.

Question Type : MCQ  
Question ID : 264330134499  
Option 1 ID : 264330526961  
Option 2 ID : 264330526959  
Option 3 ID : 264330526960  
Option 4 ID : 264330526962  
Status : Answered  
Chosen Option : 1



**Q.19** Identify the segment that contains a grammatical error. If there is no error, select 'No error'.  
It'd be really cool if you got / on the team, I've never seen you / played badminton, are you good?

- Ans**
- 1. No error
  - 2. on the team, I've never seen you
  - 3. played badminton, are you good?
  - 4. It'd be really cool if you got

Question Type : **MCQ**  
Question ID : **264330136693**  
Option 1 ID : **264330535490**  
Option 2 ID : **264330535488**  
Option 3 ID : **264330535489**  
Option 4 ID : **264330535487**  
Status : **Answered**  
Chosen Option : **3**

**Q.20** Choose the word that means the same as the given word.  
**Feat**

- Ans**
- 1. Hallowed
  - 2. Handsy
  - 3. Accomplishment
  - 4. Obligation

Question Type : **MCQ**  
Question ID : **264330134519**  
Option 1 ID : **264330527036**  
Option 2 ID : **264330527035**  
Option 3 ID : **264330527037**  
Option 4 ID : **264330527038**  
Status : **Answered**  
Chosen Option : **2**

**Comprehension:**

In the following passage some of the words have been deleted. Read the passage carefully and select the correct answer for the given blank out of the four alternatives.

Planking is free and (1) \_\_\_\_\_ only a couple of minutes — no gym membership or special equipment (2) \_\_\_\_\_. Squatting, dead-lifting and pressing overhead without injury is hard to do without a strong (3) \_\_\_\_\_. "We need to keep our spine straight to do these (4) \_\_\_\_\_. Planking provides you with better core strength to be able to brace during these (5) \_\_\_\_\_," Lawton says.

**SubQuestion No : 21**

**Q.21** Select the most appropriate option to fill in blank number 1.

- Ans**
- 1. taken
  - 2. has taken
  - 3. takes
  - 4. took

Question Type : **MCQ**  
Question ID : **264330135265**  
Option 1 ID : **264330529977**  
Option 2 ID : **264330529978**  
Option 3 ID : **264330529975**  
Option 4 ID : **264330529976**  
Status : **Answered**  
Chosen Option : **3**

**Comprehension:**

In the following passage some of the words have been deleted. Read the passage carefully and select the correct answer for the given blank out of the four alternatives.

Planking is free and (1) \_\_\_\_\_ only a couple of minutes — no gym membership or special equipment (2) \_\_\_\_\_. Squatting, dead-lifting and pressing overhead without injury is hard to do without a strong (3) \_\_\_\_\_. “We need to keep our spine straight to do these (4) \_\_\_\_\_. Planking provides you with better core strength to be able to brace during these (5) \_\_\_\_\_,” Lawton says.

**SubQuestion No : 22**

**Q.22** Select the most appropriate option to fill in blank number 2.

**Ans** ✓ 1. required

✗ 2. registered

✗ 3. catered

✗ 4. placed

Question Type : **MCQ**

Question ID : **264330135266**

Option 1 ID : **264330529980**

Option 2 ID : **264330529981**

Option 3 ID : **264330529979**

Option 4 ID : **264330529982**

Status : **Answered**

Chosen Option : 1

**Comprehension:**

In the following passage some of the words have been deleted. Read the passage carefully and select the correct answer for the given blank out of the four alternatives.

Planking is free and (1) \_\_\_\_\_ only a couple of minutes — no gym membership or special equipment (2) \_\_\_\_\_. Squatting, dead-lifting and pressing overhead without injury is hard to do without a strong (3) \_\_\_\_\_. “We need to keep our spine straight to do these (4) \_\_\_\_\_. Planking provides you with better core strength to be able to brace during these (5) \_\_\_\_\_,” Lawton says.

**SubQuestion No : 23**

**Q.23** Select the most appropriate option to fill in blank number 3.

**Ans** ✓ 1. core

✗ 2. spot

✗ 3. space

✗ 4. matter

Question Type : **MCQ**

Question ID : **264330135267**

Option 1 ID : **264330529985**

Option 2 ID : **264330529984**

Option 3 ID : **264330529986**

Option 4 ID : **264330529983**

Status : **Answered**

Chosen Option : 1

**Comprehension:**

In the following passage some of the words have been deleted. Read the passage carefully and select the correct answer for the given blank out of the four alternatives.

Planking is free and (1) \_\_\_\_\_ only a couple of minutes — no gym membership or special equipment (2) \_\_\_\_\_. Squatting, dead-lifting and pressing overhead without injury is hard to do without a strong (3) \_\_\_\_\_. “We need to keep our spine straight to do these (4) \_\_\_\_\_. Planking provides you with better core strength to be able to brace during these (5) \_\_\_\_\_,” Lawton says.

**SubQuestion No : 24**

**Q.24** Select the most appropriate option to fill in blank number 4.

- Ans
- 1. exercises
  - 2. therapies
  - 3. surgeries
  - 4. mechanics

Question Type : **MCQ**  
Question ID : **264330135268**  
Option 1 ID : **264330529988**  
Option 2 ID : **264330529990**  
Option 3 ID : **264330529987**  
Option 4 ID : **264330529989**  
Status : **Answered**  
Chosen Option : **1**

**Comprehension:**

In the following passage some of the words have been deleted. Read the passage carefully and select the correct answer for the given blank out of the four alternatives.

Planking is free and (1) \_\_\_\_\_ only a couple of minutes — no gym membership or special equipment (2) \_\_\_\_\_. Squatting, dead-lifting and pressing overhead without injury is hard to do without a strong (3) \_\_\_\_\_. “We need to keep our spine straight to do these (4) \_\_\_\_\_. Planking provides you with better core strength to be able to brace during these (5) \_\_\_\_\_,” Lawton says.

**SubQuestion No : 25**

**Q.25** Select the most appropriate option to fill in blank number 5.

- Ans
- 1. drives
  - 2. competitions
  - 3. movements
  - 4. games

Question Type : **MCQ**  
Question ID : **264330135269**  
Option 1 ID : **264330529994**  
Option 2 ID : **264330529993**  
Option 3 ID : **264330529991**  
Option 4 ID : **264330529992**  
Status : **Answered**  
Chosen Option : **3**