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Kerala PSC

**Previous Year Paper
Junior Public Health Nurse
Grade II 29 June 2022**



FINAL ANSWER KEY

Question Paper Code:	33/2022/OL
Category Code:	597/2019
Exam:	Junior Public Health Nurse Grade II
Date of Test	29-06-2022
Department	Health and MCS
Alphacode	A

Question1:-For an effective non-directive counseling session which one of the following will be most essential?

- A:-Training of counselor
- B:-Establishing rapport with the client
- C:-Expertise in any
- D:-Conversational fluency

Correct Answer:- Option-B

Question2:-In _____ method of group teaching there is no active participation from learners.

- A:-Lecture
- B:-Symposium
- C:-Seminar
- D:-Role play

Correct Answer:- Option-A

Question3:-_____ is an essential tool of community health.

- A:-Health Education
- B:-Philosophy
- C:-Psychology
- D:-Sociology

Correct Answer:- Option-A

Question4:-Mike publicity is

- A:-Audio visual aids
- B:-Visual aids
- C:-Audio aids
- D:-None of the above

Correct Answer:- Option-C

Question5:-Which concept is based on the principle of germs?

- A:-Biomedical concept
- B:-Ecological concept
- C:-Psychosocial concept
- D:-Coordinating concept

Correct Answer:- Option-A

Question6:-The three tier structure of rural self government in India is known as

- A:-Taluk
- B:-Zillah Parishad
- C:-Panchayath Raj
- D:-Rajya Sabha

Correct Answer:- Option-C

Question7:-_____ is the first step in establishing health program.

- A:-Research
- B:-Community diagnosis
- C:-Health education
- D:-Health planning

Correct Answer:- Option-B

Question8:-Rehabilitation process is characterized by active role of people with family and community is known as

A:-CBR

B:-RCH

C:-MCH

D:-ART

Correct Answer:- Option-A

Question9:-A human population which lives in a definite geographical area which leads to a common and independent life is known as

A:-Family

B:-Community

C:-Industry

D:-Group

Correct Answer:- Option-B

Question10:-Didactic method of health education involve _____ in teaching process.

A:-Two way communication

B:-Seminar

C:-Discussion

D:-One way communication

Correct Answer:- Option-D

Question11:-Health Secretariat is headed by _____ at State level.

A:-Health Minister

B:-Health Secretary

C:-Director of Health Services

D:-Director of Medical Education

Correct Answer:- Option-B

Question12:-Health survey and planning committee is known as

A:-Kartar Singh

B:-Mudliar Committee

C:-Bhore Committee

D:-Chadha Committee

Correct Answer:- Option-B

Question13:-The first level of contact with the formal health care system of the State is

A:-Community health centre

B:-Family health centre

C:-Sub centre

D:-Primary health centre

Correct Answer:- Option-C

Question14:-Municipal corporation covers the population of _____ people.

A:-1 lakh

B:-50000-80000

C:-80000

D:-Above 2 lakhs

Correct Answer:- Option-D

Question15:-_____ is one of the major cause of morbidity and mortality especially in children below 5 years of age.

A:-Tuberculosis

B:-Malaria

C:-Diarrheal diseases

D:-Acute Respiratory diseases

Correct Answer:- Option-C

Question16:-National Small Pox eradication program is one of the development of _____ five year plan.

A:-First five year plan

B:-Second five year plan

C:-Third five year plan

D:-Fourth five year plan

Correct Answer:- Option-C

Question17:-Who is responsible for register and provide care to pregnant women throughout the period of Pregnancy?

A:-ANM

B:-LHI

C:-LHS

D:-HI

Correct Answer:- Option-A

Question18:-It is known as essential amino acids.

A:-Tyrosine

B:-Isolucine

C:-Serene

D:-Glycine

Correct Answer:- Option-B

Question19:-Pellagra caused due to the deficiency of

A:-Thiamine

B:-Vitamin C

C:-Niacin

D:-Iodine

Correct Answer:- Option-C

Question20:-Triceps skin fold measure comes under the test of

A:-Anthropometric scale

B:-Bio chemical measurement

C:-Standard evaluation

D:-Dietary analysis

Correct Answer:- Option-A

Question21:-One third of energy and half of protein requirement to be met through this programme for children

A:-Applied nutrition programme

B:-Nutritional anemia prevention programme

C:-Special nutrition programme

D:-Mid day school meal

Correct Answer:- Option-D

Question22:-It is the main aspect of Baby friendly hospital movement

A:-Hospital provides specialist service for children

B:-Special nutrition provides for malnourished children in hospital

C:-Breast feeding is encouraged

D:-Skilled training provides to the health personnel

Correct Answer:- Option-C

Question23:-It is the highly automated and self executed behavior of a person.

A:-Attitude

B:-Habit

C:-Custom

D:-Addiction

Correct Answer:- Option-B

Question24:-It is synthesized by the skin using ultraviolet rays

A:-Vitamin C

B:-Vitamin D

C:-Vitamin A

D:-Vitamin B

Correct Answer:- Option-B

Question25:-The inflammation of the tissue encircling the base to the teeth

A:-Gingivitis

B:-Tooth decay

C:-Periodonitis

D:-None of the above

Correct Answer:- Option-C

Question26:-Deficiency of Vitamin A leads to

A:-Xerophthalmia

B:-Blepharitis

C:-Cataract

D:-Glaucoma

Correct Answer:- Option-A

Question27:-Safe and wholesome water is intended to be

A:-Without pathogenic agents

B:-Free from high risk chemicals

C:-Usable for house hold purpose

D:-Above all

Correct Answer:- Option-D

Question28:-Which taps the water above the first impervious layer is?

A:-Deep well

B:-Artesian well

C:-Shallow well

D:-None of the above

Correct Answer:- Option-C

Question29:-The disease transmitted through blood and blood products

A:-Malaria

B:-Filaria

C:-Para Typhoid

D:-Hepatitis B

Correct Answer:- Option-D

Question30:-This is the test to find out the purity of water

A:-Orthotoludine test

B:-Presumptive coli form test

C:-High test hypochlorite

D:-None of the above

Correct Answer:- Option-B

Question31:-What are the methods for screening malnutrition?

A:-Height and weight

B:-Mid-arm circumference

C:-Clinical and laboratory examination

D:-Above all

Correct Answer:- Option-D

Question32:-The continuous scrutiny of the factors which determine the spread of disease and the conditions of ill health is

A:-Surveillance

B:-Observation

C:-Inspection

D:-Statistics

Correct Answer:- Option-A

Question33:-This represents the height of the disease

- A:-Fastigium
- B:-Prodrome
- C:-Defervescence
- D:-Invasion

Correct Answer:- Option-A

Question34:-A person who harbors an infectious agent in the absence of clinical disease is termed as

- A:-Host
- B:-Reservoir
- C:-Carrier
- D:-None of the above

Correct Answer:- Option-C

Question35:-It is a digestive tract infection and it can cause paralysis and deformity.

- A:-Polio myelitis
- B:-Hepatitis
- C:-Whooping cough
- D:-Leprosy

Correct Answer:- Option-A

Question36:-The disease is characterized by fever, malaise, ache and vesicles within one day

- A:-mumps
- B:-chickenpox
- C:-german measles
- D:-influenza

Correct Answer:- Option-B

Question37:-It is transmitted through droplet, inhalation of infected dust.

- A:-Typhoid fever
- B:-Dengue fever
- C:-Tuberculosis
- D:-Malaria

Correct Answer:- Option-C

Question38:-The number of new cases occurring in the defined population during a specific time period is called

- A:-Prevalence
- B:-Rates
- C:-Ratios
- D:-Incidence

Correct Answer:- Option-D

Question39:-An outbreak of a disease in a community in excess

- A:-Endemic
- B:-Sporadic
- C:-Epidemic
- D:-Pandemic

Correct Answer:- Option-C

Question40:-Which is not a live attenuated vaccine?

- A:-BCG
- B:-Oral Polio Vaccine
- C:-Typhoid Vaccine
- D:-None of the above

Correct Answer:- Option-C

Question41:-Vaccine which is not to be stored in the temperature at-20°C

- A:-BCG

B:-OPV

C:-Measles

D:-Toxoids

Correct Answer:- Option-D

Question42:-Mode of transmission of influenza

A:-Direct contact

B:-Droplet infection

C:-Handling of contaminated articles

D:-Above all

Correct Answer:- Option-D

Question43:-The substance which stimulate the production of antibody when it enter through the blood or body tissue is

A:-Antigen

B:-Immunity

C:-Monocyte

D:-None of the above

Correct Answer:- Option-A

Question44:-The antibodies produced in an individual are transferred to another individual to give protection against a particular disease is called

A:-Active immunity

B:-Humoral immunity

C:-Passive immunity

D:-None of the above

Correct Answer:- Option-C

Question45:-It is the system of transporting and storing vaccine at the recommended temperature

A:-Cold chain

B:-Walk in cold system

C:-Deep freezing system

D:-None of the above

Correct Answer:- Option-A

Question46:-This is to restoring the person to health physically, psychologically and socially as an useful member of the family

A:-Rehabilitation

B:-Health promotion

C:-Disability limitation

D:-None of the above

Correct Answer:- Option-A

Question47:-This is the chronic condition in the causation of coronary heart disease and stroke

A:-Hypotension

B:-Hypertension

C:-Chronic diseases

D:-None of the above

Correct Answer:- Option-B

Question48:-Blankets, beds, books are disinfected by using

A:-Bleaching powder

B:-Soap and water

C:-Phenol

D:-Formalin gas

Correct Answer:- Option-D

Question49:-Give an example for large scale waste disposal method.

A:-Burial burning

B:-Incineration

C:-Manure pits

D:-Burning

Correct Answer:- Option-B

Question50:-It is the first peripheral institution between community and health services in rural areas.

A:-Sub centre

B:-Primary health centre

C:-Community health centre

D:-None of the above

Correct Answer:- Option-A

Question51:-Sub centre in tribal area is set up for the population of

A:-3000

B:-4000

C:-5000

D:-6000

Correct Answer:- Option-A

Question52:-In sub centre level house to house survey would be done with the participation of

A:-ASHA

B:-AWW

C:-DPHN

D:-Above all

Correct Answer:- Option-A

Question53:-This is a test to identify the State of hypersensitivity to diphtheria toxin.

A:-Mantoux test

B:-Screening test

C:-Schick test

D:-None of the above

Correct Answer:- Option-C

Question54:-The prevention of coronary artery disease prevented by the following measures except

A:-Diet control

B:-Regular exercise

C:-Not to smoke

D:-Immunization

Correct Answer:- Option-D

Question55:-It is the first peripheral institution between community and health services in rural areas.

A:-Sub centre

B:-Primary health centre

C:-Community health centre

D:-None of the above

Correct Answer:- Option-A

Question56:-Sub centre in tribal area is set up for the population of

A:-3000

B:-4000

C:-5000

D:-6000

Correct Answer:- Option-A

Question57:-It is the numerical description of birth, death, abortion, marriage, divorce, adoption and judicial separation.

A:-Family health details

B:-Morbidity rate

C:-Vital statistics

D:-None of the above

Correct Answer:- Option-C

Question58:-The objective of this programme is to improve the living standards of the people

- A:-Family welfare programme
- B:-Minimum needs programme
- C:-IDSP
- D:-None of the above

Correct Answer:- Option-B

Question59:-She must be a resident of the village, married, widow, divorced and preferably in the age group of 25 to 45 years.

- A:-ASHA worker
- B:-JPHN
- C:-CHN
- D:-None of the above

Correct Answer:- Option-A

Question60:-These are the primary goals of National Health Policy

- A:-Achieve HFA/2000 AD
- B:-Achieve Net reproduction rate - 1 by 2000 AD
- C:-Above 1 and 2
- D:-None of the above

Correct Answer:- Option-C

Question61:-The most preferred site for intramuscular injection in infants is

- A:-Ventrogluteal
- B:-Deltoid
- C:-Vastus lateralis
- D:-Dorsogluteal

Correct Answer:- Option-C

Question62:-Birth weight triples by

- A:-Six months
- B:-One year
- C:-Two year
- D:-Three year

Correct Answer:- Option-B

Question63:-Involuntary passage of urine in children is termed as

- A:-Nocturia
- B:-Anuria
- C:-Enuresis
- D:-Encopresis

Correct Answer:- Option-C

Question64:-Temper tantrum is a behavioral problem typically seen among

- A:-Infants
- B:-Toddlers
- C:-Pre-schoolers
- D:-Schoolers

Correct Answer:- Option-B

Question65:-Which type of anemia is common among adolescent girls?

- A:-Iron deficiency anemia
- B:-Aplastic anemia
- C:-Pernicious anemia
- D:-Hemolytic anemia

Correct Answer:- Option-A

Question66:-Pentavalent vaccine is a combination of

- A:-BCG, DPT, Hepatitis B

B:-DPT, Hepatitis B, Measles

C:-DPT, HIB, Measles

D:-DPT, Hepatitis B, HIB

Correct Answer:- Option-D

Question67:-Exclusive breast feeding is given up to

A:-Three months

B:-Six months

C:-One year

D:-Two year

Correct Answer:- Option-B

Question68:-Wasted appearance with old man look is typical in

A:-Marasmus

B:-Kwashiorkor

C:-Anemia

D:-Worm infestation

Correct Answer:- Option-A

Question69:-Vitamin A deficiency causes

A:-Dementia

B:-Scurvy

C:-Night-blindness

D:-Anemia

Correct Answer:- Option-C

Question70:-Milk secreted during first three days after delivery is termed as

A:-Fore milk

B:-Hind milk

C:-Transitional milk

D:-Colostrum

Correct Answer:- Option-D

Question71:-Declaration of Rights of Children is adopted by

A:-UNICEF

B:-UN

C:-WHO

D:-ICDS

Correct Answer:- Option-B

Question72:-Which of the following disease is prevented by BCG vaccination?

A:-Tuberculosis

B:-Whooping cough

C:-Tetanus

D:-Chicken Pox

Correct Answer:- Option-A

Question73:-The hormone responsible for secondary sexual characteristic in males

A:-Aldosterone

B:-Vasopressin

C:-Oxytocin

D:-Testosterone

Correct Answer:- Option-D

Question74:-The suitable pelvis for normal labour is

A:-Android pelvis

B:-Anthropoid pelvis

C:-Gynaecoid pelvis

D:-Platypelloid pelvis

Correct Answer:- Option-C

Question75:-The normal ratio between weight of the placenta and fetus is

A:-1:5

B:-1:6

C:-1:7

D:-1:8

Correct Answer:- Option-B

Question76:-Fertilization normally takes place in

A:-Fimbriae of fallopian tube

B:-Isthmus

C:-Infundibulum

D:-Ampulla

Correct Answer:- Option-D

Question77:-The hormone produced by testis is

A:-Testosterone

B:-Oxytocin

C:-Oestrogen

D:-Progesterone

Correct Answer:- Option-A

Question78:-Sub occipito frontal diameter measures

A:-9 cm

B:-10 cm

C:-11 cm

D:-14 cm

Correct Answer:- Option-B

Question79:-Prolongation of pregnancy 2 weeks beyond the EDD is known as

A:-post dated pregnancy

B:-prolonged pregnancy

C:-post partum

D:-prolonged labour

Correct Answer:- Option-A

Question80:-The denominator in breech presentation is

A:-mentum

B:-vertex

C:-acromian process

D:-sacrum

Correct Answer:- Option-D

Question81:-Umbilical cord consists of

A:-2 artery one vein

B:-2 artery 2 vein

C:-one artery 2 vein

D:-one artery one vein

Correct Answer:- Option-A

Question82:-Full dilation of cervix is

A:-8 cm

B:-9 cm

C:-10 cm

D:-11 cm

Correct Answer:- Option-C

Question83:-Anterior fontanelle closes at

- A:-6 months
- B:-12 months
- C:-18 months
- D:-24 months

Correct Answer:- Option-C

Question84:-Vaginal discharge during puerperium is called

- A:-Leucorrhoea
- B:-Lochia
- C:-Snow
- D:-Amniotic fluid

Correct Answer:- Option-B

Question85:-The commonest cause of female infertility is

- A:-Combined factors
- B:-Cervical factors
- C:-Vaginal factors
- D:-Ovarian factors

Correct Answer:- Option-D

Question86:-The condition in which the fetus is dead and retained inside the uterine cavity is called

- A:-missed abortion
- B:-threatened abortion
- C:-inevitable abortion
- D:-incomplete abortion

Correct Answer:- Option-A

Question87:-Biochemical marker of pre eclampsia is

- A:-Blood urea
- B:-Serum uric acid
- C:-Urine albumin
- D:-Serum creatinine

Correct Answer:- Option-B

Question88:-The common fetal complication of gestational diabetes melitus is

- A:-Birth injury
- B:-Macrosomia
- C:-Diabetic nephropathy
- D:-Fetal death

Correct Answer:- Option-B

Question89:-Screening test for HIV infection is

- A:-Enzyme linked immuno sorbent assay
- B:-Western blot
- C:-DNA test
- D:-Blood test

Correct Answer:- Option-A

Question90:-The condition in which the amount of liquor amni is deficient is called

- A:-Poly hydramnios
- B:-Hydrops fetalis
- C:-Oligo hydramnios
- D:-Hydatidiform mole

Correct Answer:- Option-C

Question91:-Which of the following is male sterilization?

- A:-Tubectomy

- B:-Tuboplasty
- C:-Minilap
- D:-Vasectomy

Correct Answer:- Option-D

Question92:-The emergency contraceptive pill is to be taken within how many hours of an unprotected intercourse

- A:-36 hrs
- B:-48 hrs
- C:-72 hrs
- D:-80 hrs

Correct Answer:- Option-C

Question93:-Which of the following is a physical method of contraception?

- A:-IUD
- B:-Hormonal pills
- C:-Condom
- D:-Tubectomy

Correct Answer:- Option-C

Question94:-Total iron requirement during pregnancy

- A:-1200 mg
- B:-1000 mg
- C:-800 mg
- D:-300 mg

Correct Answer:- Option-D

Question95:-A dark pigmented line extending from the umbilicus to Xiphisternum

- A:-Striae gravidarum
- B:-Linea nigra
- C:-Striae albicans
- D:-Chloasma gravidarum

Correct Answer:- Option-B

Question96:-Normal fetal heart rate is

- A:-60-100 b/m
- B:-80-90 b/m
- C:-100-120 b/m
- D:-120-140 b/m

Correct Answer:- Option-D

Question97:-The fundus of the uterus reaches at the level of Umbilicus when the duration of pregnancy is

- A:-12 wks
- B:-16 wks
- C:-24 wks
- D:-20 wks

Correct Answer:- Option-C

Question98:-The duration of first stage of labor in primi gravida is

- A:-12 hrs
- B:-14 hrs
- C:-16 hrs
- D:-18 hrs

Correct Answer:- Option-A

Question99:-Softening of the cervix is called

- A:-Hegars sign
- B:-Goodell's sign
- C:-Osianders sign

D:-Palmers sign

Correct Answer:- Option-B

Question100:-Placenta is located/implanted in the lower uterine segment is called

A:-Placenta praevia

B:-Abruptio placenta

C:-Placenta percreta

D:-Placenta accreta

Correct Answer:- Option-A

