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TPSC Sports Officer

Previous Year Paper
05 Nov, 2024

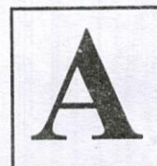


DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO.

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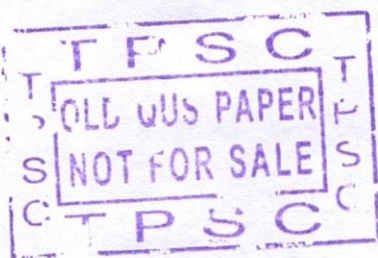
**TEST BOOKLET
GENERAL STUDIES**

Test Booklet Series



(Signature of the Candidate)

(Invigilator's Signature)



Time Allowed – Two (2) hours

Maximum Marks – 170

INSTRUCTIONS

1. PLEASE CHECK THE TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES IN THE APPROPRIATE PLACE IN THE ANSWER SHEET BY BLACK BALL POINT PEN ONLY.
3. (a) This Test Booklet is divided into two parts, i.e., PART-I & PART-II.
(b) PART-I (Section-A & Section-B) (MCQ Pattern) contains 70 items (questions). Each question, carrying 2(two) marks only, has four responses (answers). You will choose the response which you want to mark on the OMR Answer Sheet. In case you feel that there is more than one correct response, mark the response which you consider the most appropriate. In any case, choose ONLY ONE response for each item.
(c) Question under PART-II (Conventional Pattern) contains 03 (three) items (questions) carrying total 30(thirty) marks, which are to be answered in separate Answer Book.
4. You have to mark all your responses of PART-I by Black Ball Point Pen only on the separate OMR Answer Sheet provided. See directions in the Answer Sheet.
5. Before you proceed to answer the responses to various items in the Test Booklet, you have to fill in some particulars both in the OMR Answer Sheet for PART-I and in the Answer Book for PART-II.
6. On the completion of the Examination you should handover the OMR Answer Sheet for PART-I and Answer Book for PART-II to the Invigilator only. You are permitted to take the Test Booklet with you.
7. Sheets for rough work are appended on the Test Booklet at the end.
8. Penalty for wrong answers for PART-I only :
 - (a) There will be four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-fourth of the marks assigned to that question will be deducted as penalty.
 - (b) If a candidate gives more than one answer, it will be treated as a Wrong Answer even if one of the given answers happens to be correct and there will be same penalty as above to that question.
 - (c) If a question is left blank, i.e., no answer is given by the candidate, there will be no penalty for that question.

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO.

Four options are given against each of the following questions. Select the best/correct option from among the four options and encode in the answer sheet by using **Black Ball Point Pen** only as per example given below :

Example : The capital of India is :

(A) Delhi

☒ (B) New Delhi

(C) Indraprastha

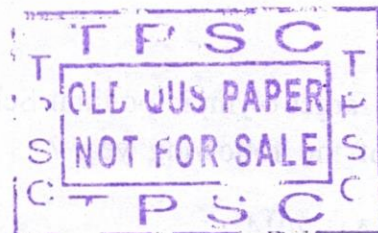
(D) None of these.

PART - I

(SECTION-A)

1. 'Target olympic podium Scheme' of Ministry of Sports of India was started in which of the following year ?
 (A) 2014 (B) 2016
 (C) 2018 (D) 2019
2. Which is the oldest Grand Slam Tennis Tournament ?
 (A) Wimbledon (B) Australian Open
 (C) French Open (D) US Open
3. What is the maximum number of substitution that can be made during Kabaddi Match ?
 (A) 4 (B) 3
 (C) 5 (D) 2

4. In Basketball Match how much time does a team needs to get the ball from the back court to the front court ?
- (A) 30 sec. (B) 10 sec.
(C) 8 sec. (D) 24 sec.
5. The minimum number of player to start a Football Match is
- (A) 7 (B) 8
(C) 9 (D) 10
6. How can a Coach ensure flexibility within a lesson plan ?
- (A) By strictly adhering to the plan regardless of circumstances.
(B) By having multiple plans for different scenarios.
(C) By never deviating from original plan.
(D) By refusing to adopt the athlete's need.
7. Instructional aids are used by a teacher to
- (A) glorify the class (B) attract the class
(C) ensure the discipline (D) clarify the concept
8. In which training method, lactate build-up is the slowest ?
- (A) Continuous Method (B) Interval Method
(C) Fartlek Method (D) Weight Training Method
9. Long-term exercise program made up of different activities and sports for developing all round fitness is known as
- (A) Set training (B) Circuit training
(C) Interval training (D) Cross-training



10. Which of the following is least trainable?
- (A) Endurance (B) Speed
(C) Agility (D) Strength
11. During strenuous exercise, the major reason for onset of fatigue is
- (A) Oxygen Debt (B) Depletion of oxygen
(C) Lactic acid formation (D) Increase of CO₂ level
12. Natural Motivation is also called
- (A) Self-actualization (B) Self-assertion
(C) Extrinsic (D) Intrinsic
13. Which of the following condition seriously influences consistency in performance in sports, even though temporarily?
- (A) Change of trainer (B) Occurring of Plateau
(C) Team composition (D) Athlete's mood state
14. What is the most crucial to positive transfer effect in skill learning process?
- (A) Simplicity of skills (B) Composition of skills
(C) Teaching methodology (D) Element similarity in skills
15. Which of the following can't be called a salient feature of personality?
- (A) Uniqueness (B) Individuality
(C) Indivisibility (D) Dependability

16. A person's perception of his/her own personality traits is reflected in
- (A) Self-esteem (B) Self-concept
- (C) Self-efficacy (D) Self-regard
17. Process of formation of blood corpuscles is called
- (A) Haemolysis (B) Haemozoin
- (C) Haemopoiesis (D) Haemoter
18. Duration of one muscle twitch is
- (A) 0.1 sec. (B) 0.5 sec.
- (C) 1 sec. (D) 1.5 sec.
19. Which of the following is synthesized and stored in liver cells?
- (A) Galactose (B) Glycogen
- (C) Lactose (D) Arabinose
20. Which of the following method is used for immediate treatment of sprain?
- (A) Infrared (B) Cryotherapy
- (C) Biotherapy (D) Massage
21. Which class of drugs is helpful to relaxation of uterine muscle and provide smooth muscle relaxation?
- (A) Stimulants (B) Sedatives
- (C) Beta 2-Agonist (D) Gene Doping

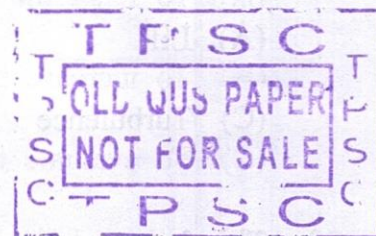
22. Which of the following directly acts on the central nervous system to decrease the pain ?

(A) Morphine

(B) Cocaine

(C) Marijuona

(D) Diuretics



23. The first step in planning process is

(A) Provision of facilities

(B) Determination of goals

(C) Mobilization of resources

(D) Identification of target groups

24. The capability to see the sports organization as a whole is called

(A) Conceptual skill

(B) Human skill

(C) Mechanical skill

(D) None of these

25. Supervision as an aspects of management aims at

(A) Student's counselling

(B) Feedback providing

(C) Progress sustaining

(D) Overseeing student's activities

26. The final step in the sports management chain is

(A) Public relation

(B) Achievement

(C) Control and evaluation

(D) Finance and budget

27. The best method of sports administration is

(A) Autocratic

(B) Democratic

(C) Dictatorial

(D) Laissez faire

28. The correct racing posture of a swimmer, cyclist or a downhill skier minimizes the effect of

- (A) Lift
- (B) Propulsion
- (C) Turbulence
- (D) Gravity

29. The force experienced by a spinning ball, as it passes through the air is called

- (A) Contract force
- (B) Tensile force
- (C) Compressive force
- (D) Magnus force

30. The joint between Atlas and Axis is

- (A) Saddle joint
- (B) Pivot joint
- (C) Gliding joint
- (D) Spheroid joint

31. The Class-1 lever is built for

- (A) Strength
- (B) Equilibrium
- (C) Speed
- (D) Range of motion

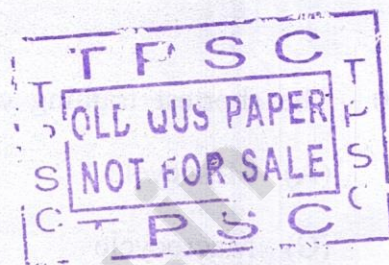
32. The plane which divides the body into anterior and posterior halves, is known as

- (A) Coronal plane
- (B) Lateral plane
- (C) Sagittal plane
- (D) Transverse plane

33. Who was the founder of modern Olympic Games?

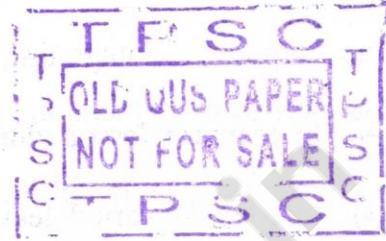
- (A) H. C. Buck
- (B) Fredrick John
- (C) Guts-Muth
- (D) Baron Pierre de Coubertin

34. Modern Olympic Games were started in the year
- (A) 1996 (B) 1896
- (C) 1897 (D) 1997
35. The purpose of integrating multi-media in physical education is
- (A) to increase lesson duration
- (B) to provide varied learning experiences
- (C) to replace traditional methods
- (D) to decrease physical activity
36. Which of the following best describes the blended learning approach in physical education ?
- (A) Using only on-line resources
- (B) Combining Traditional and Digital Teaching Methods
- (C) Focusing solely on practical activities
- (D) Excluding theoretical concepts
37. V.A.R. Technology is used in which sports ?
- (A) Cricket (B) Football
- (C) Badminton (D) Kabaddi
38. Collaborative learning in physical education can enhance
- (A) Social skills and teamwork (B) Individual competition
- (C) Lecture comprehension (D) Isolated learning



39. What is the main purpose of warm-up-session before exercise ?

- (A) To relax the body
- (B) To increase the muscle temperature and prepare for the competition
- (C) To evaluate the players' performance
- (D) None of the above



40. The shortest training cycle is

- (A) Mesocycle
- (B) Microcycle
- (C) Macrocycle
- (D) None of these

41. In which periodization phase would an athlete typically works on building a base level of fitness ?

- (A) Preparatory phase
- (B) Competition phase
- (C) Transitional phase
- (D) Pre-competition phase

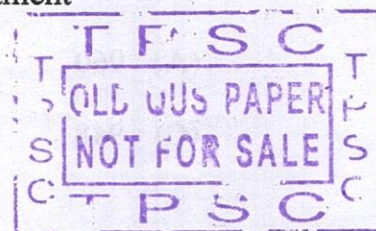
42. Trial and Error Method of learning was given by

- (A) Aristotle
- (B) Kohler
- (C) Pavlov
- (D) Thorndike

43. What is the role of Sports Psychologist in a team setting ?

- (A) Conducting physical fitness tests
- (B) Designing training schedules
- (C) Enhancing team cohesion and communication
- (D) Managing team strategies

44. Voluntary muscles are also called
- (A) Non-striated Muscles (B) Striated Muscles
(C) Cardiac Muscles (D) None of these
45. What is the primary function of the respiratory system ?
- (A) Transportation of oxygen (B) Protection against pathogens
(C) Digestion (D) Gas exchange
46. What is the primary function of the nervous system ?
- (A) Digestion (B) Co-ordination and Communication
(C) Oxygen transportation (D) Hormone production
47. What does the term "Modalities" refer to in Physiotherapy ?
- (A) Types of injuries (B) Method of treatment
(C) Dietary supplement (D) Athletic drills
48. What is the full form of W.A.D.A ?
- (A) World Anti Doping Agency (B) World Anti Doping Authority
(C) World Anti Doping Association (D) World Anti Durable Agency
49. The plane divides the body into anterior and posterior halves is known as the
- (A) Frontal plane (B) Sagittal plane
(C) Transverse plane (D) Horizontal plane



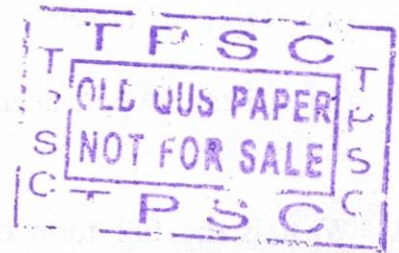
50. The point at which the entire weight of a body is considered to be concentrated is called
- (A) Center of gravity (B) Pivot point
(C) Base of support (D) None of these.

SECTION-B

51. When the foundation stone of Special Economic Zone at Sabroom was laid on ?
- (A) 11th September, 2020 (B) 26th January, 2021
(C) 15th August, 2022 (D) None of these
52. Tripura Jal Board started its functioning in the year
- (A) 2023 (B) 2021
(C) 2019 (D) None of these
53. What is the sex ratio of Tripura (number of female per 1000 male) according to Census 2011 ?
- (A) 960 (B) 943
(C) 948 (D) 933
54. According to Tripura Human Development Report, 2018 what was the all India ranking of Tripura in terms of Human Development Index ?
- (A) 5th (B) 13th
(C) 29th (D) None of these
55. Female Work Participation Rate in Tripura according to Census-2011 was
- (A) 21.10 (B) 23.57
(C) 55.77 (D) None of these

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(12)



56. In which year Government of Tripura formulated the Sports Policy, 'Sports for All'?

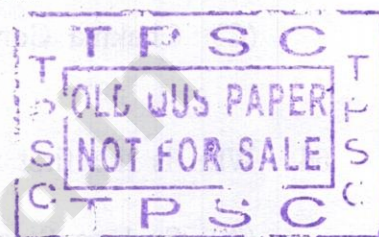
- (A) 1987 (B) 1997
(C) 2018 (D) 2023

57. Who is the first female gymnast from India to compete in the Olympics?

- (A) Dipa Karmakar (B) Pranati Nayak
(C) Karnam Malleswari (D) None of them

58. 66th National School Games was held in

- (A) Imphal (B) Srinagar
(C) Bhopal (D) None of these



59. Who won the Wimbledon (Women's Single) Tennis Championship-2022 ?

- (A) Ons Jabeur (B) Elena Rybakina
(C) Naomi Osaka (D) Casper Rund

60. The cheetahs which were released in the Kuno National Park in MP by the Prime Minister of India were brought from

- (A) Nigeria (B) Uganda
(C) Kenya (D) Namibia

61. Who is the first Indian cricketer to hit 500 T20 sixes ?

- (A) K. L. Rahul (B) Virat Kohli
(C) Rohit Sharma (D) Jasprit Bumrah

62. Who was recently crowned Wisden's Leading Women's Cricketer in the World for 2024 ?

(A) Meg Lanning

(B) Mithali Raj

(C) Ellyse Perry

(D) Nat Sciver-Brunt

63. Hojagiri dance is associated with

(A) Reang Community

(B) Tripuri Community

(C) Chakma Community

(D) None of these

64. Who is the first woman to receive 'Bharat Ratna'?

(A) Sushma Swaraj

(B) Indira Gandhi

(C) Sarojini Naidu

(D) Lata Mangeshkar

65. Usually OMR sheets are used in most of the competitive examinations. The full form of OMR is

(A) Optical Marks Response

(B) Optical and Magnetic Reader

(C) Optical and Magnetic Record

(D) Optical Mark Recognition

66. The first web browser is

(A) Internet Explorer

(B) Netscape

(C) World Wide Web

(D) Firefox

67. The first National Park established in India is

(A) Kaziranga National Park

(B) The Jim Corbett National Park

(C) Hazaribagh National Park

(D) Sepahijala National Park

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(14)

68. Who among the following personalities was not connected with the system of medicine during the ancient period ?

(A) Charaka

(B) Aryabhatta

(C) Dhanvantari

(D) Susruta

69. The Hornbill Festival, a celebration of tribal culture, is held annually in which State ?

(A) Tripura

(B) Nagaland

(C) Arunachal Pradesh

(D) Mizoram

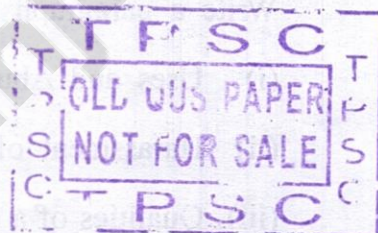
70. Compressed Natural Gas (CNG) is

(A) Propane

(B) Ethane

(C) Methane

(D) All of these.



PART – II

(ENGLISH)

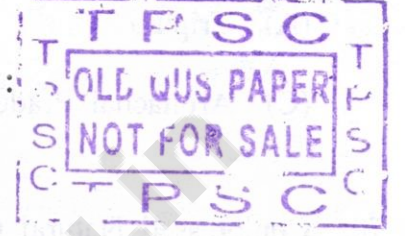
71. Draft a report on the scarcity of availability of blood in blood banks as well as risks involved in buying blood from blood banks, despite celebrating 'Blood Donation Festival' with all pomp and show in almost every nook and corner of your city.

10

Or

Write a paragraph on any *one* of the following topics :

- (i) Uses and Abuses of Social Networking
- (ii) Harassment of Women at the Workplace
- (iii) Qualities of a Government Servant to serve the common people in a better way



72. Translate the following passage into English :

10

সময় একবার চলিয়া গেলে আর আসে না। খুব ধীরে ধীরে অবিরাম গতিতে সময় চলিয়া যায়। এক মুহূর্তও সে কোথাও দাঁড়াইয়া থাকে না। এজন্য যদি আমরা কোনো সময় নষ্ট করি তাহা আর জীবনে ফিরিয়া পাইব না। যাহারা দীর্ঘসূত্রী তাহাদের অভ্যাসই হল কালহরণ করা। সময়ের কাজ সময়ে না করিয়া ইচ্ছা করিয়া ফেলিয়া রাখা, সময় ও তাহাদের উপর প্রতিশোধ লয়। তাহারা কোনো কাজই করিয়া উঠিতে পারে না। আমরা অনেকই ভাবি প্রচুর সময় পড়িয়া আছে, কিন্তু সময় প্রচুর নহে। তাই হাতে যেটুকু সময় আছে সদ্যবহার না করিলে জীবনে তাহা করিবার সুযোগ না-ও হইতে পারে।

Or

Write a summary of the following passage :

As daylight can be seen through very small holes, so little things will illustrate a person's character. Indeed, character consists of little acts, well and honourably performed in our daily life. One of the most marked tests of character is the manner in which we conduct ourselves towards others. A graceful behaviour towards superiors, inferiors and equals is a constant source of pleasure. It pleases others because it indicates respect for their personality ; but it gives tenfold pleasure to ourselves. Every man may, to a great extent, be a self educator in good behaviour, as in everything

else. He can be civil and kind, if he will, though he may not have a penny in his purse. Even a kind look will give pleasure and confer happiness. Gentleness in society is like the silent influence of light which gives colour to all nature. It is far more powerful than loudness of force and far more fruitful.

73. Answer any *five* (05) from following questions.

2×5=10

(a) Insert the appropriate preposition in the sentence :

It is 9 o'clock _____ my watch.

(b) Insert appropriate article in the sentence :

I met _____ one-eyed beggar in the street.

(c) Put the missing word in the sentence :

More than 160 million people suffer _____ malaria.

(d) Insert proper article in the sentence :

May we have _____ pleasure of your company for lunch ?

(e) Rewrite the following sentences after making necessary corrections :

(i) The hens had stopped lying eggs.

(ii) The wood-cutter was falling the trees in the forest.

(f) Use the following phrases in sentences of your own to bring out their meaning clearly :

(i) a leap in the dark

(ii) yeoman service.

(g) Choose the word nearest in meaning to the underlined part :

Indians exhibited a remarkable solidarity at the time of War.

(i) dexterity

(ii) cooperation

(iii) force

(iv) character.

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