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# TPSC Sports Officer

Previous Year Paper  
05 Nov, 2024

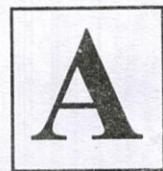


**DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO.**

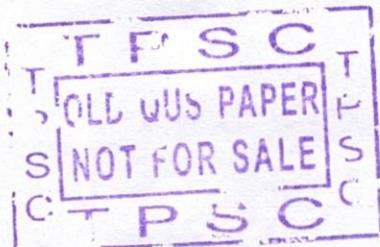
TR/GS/SPO/2024

**TEST BOOKLET  
GENERAL STUDIES**

Test Booklet Series



(Signature of the Candidate)



(Invigilator's Signature)

**Time Allowed – Two (2) hours**

**Maximum Marks – 170**

**INSTRUCTIONS**

1. PLEASE CHECK THE TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES IN THE APPROPRIATE PLACE IN THE ANSWER SHEET BY BLACK BALL POINT PEN ONLY.
3. (a) This Test Booklet is divided into two parts, i.e., PART-I & PART-II.  
(b) PART-I (Section-A & Section-B) (MCQ Pattern) contains 70 items (questions). Each question, carrying 2(two) marks only, has four responses (answers). You will choose the response which you want to mark on the OMR Answer Sheet. In case you feel that there is more than one correct response, mark the response which you consider the most appropriate. In any case, choose ONLY ONE response for each item.  
(c) Question under PART-II (Conventional Pattern) contains 03 (three) items (questions) carrying total 30(thirty) marks, which are to be answered in separate Answer Book.
4. You have to mark all your responses of PART-I by Black Ball Point Pen only on the separate OMR Answer Sheet provided. See directions in the Answer Sheet.
5. Before you proceed to answer the responses to various items in the Test Booklet, you have to fill in some particulars both in the OMR Answer Sheet for PART-I and in the Answer Book for PART-II.
6. On the completion of the Examination you should handover the OMR Answer Sheet for PART-I and Answer Book for PART-II to the Invigilator only. You are permitted to take the Test Booklet with you.
7. Sheets for rough work are appended on the Test Booklet at the end.
8. Penalty for wrong answers for PART-I only :  
(a) There will be four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-fourth of the marks assigned to that question will be deducted as penalty.  
(b) If a candidate gives more than one answer, it will be treated as a Wrong Answer even if one of the given answers happens to be correct and there will be same penalty as above to that question.  
(c) If a question is left blank, i.e., no answer is given by the candidate, there will be no penalty for that question.

**DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO.**

Four options are given against each of the following questions. Select the best/correct option from among the four options and encode in the answer sheet by using **Black Ball Point Pen** only as per example given below :

**Example :** The capital of India is :

## PART - I

### (SECTION-A)

1. 'Target olympic podium Scheme' of Ministry of Sports of India was started in which of the following year ?  
(A) 2014      (B) 2016  
(C) 2018      (D) 2019
2. Which is the oldest Grand Slam Tennis Tournament ?  
(A) Wimbledon      (B) Australian Open  
(C) French Open      (D) US Open
3. What is the maximum number of substitution that can be made during Kabaddi Match ?  
(A) 4      (B) 3  
(C) 5      (D) 2

4. In Basketball Match how much time does a team needs to get the ball from the back court to the front court ?

(A) 30 sec. (B) 10 sec.  
(C) 8 sec. (D) 24 sec.

5. The minimum number of player to start a Football Match is

(A) 7 (B) 8  
(C) 9 (D) 10

6. How can a Coach ensure flexibility within a lesson plan ?

(A) By strictly adhering to the plan regardless of circumstances.  
(B) By having multiple plans for different scenarios.  
(C) By never deviating from original plan.  
(D) By refusing to adopt the athlete's need.

7. Instructional aids are used by a teacher to

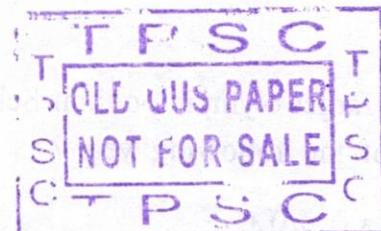
(A) glorify the class (B) attract the class  
(C) ensure the discipline (D) clarify the concept

8. In which training method, lactate build-up is the slowest ?

(A) Continuous Method (B) Interval Method  
(C) Fartlek Method (D) Weight Training Method

9. Long-term exercise program made up of different activities and sports for developing all round fitness is known as

(A) Set training (B) Circuit training  
(C) Interval training (D) Cross-training



10. Which of the following is least trainable ?  
(A) Endurance      (B) Speed  
(C) Agility      (D) Strength

11. During strenuous exercise, the major reason for onset of fatigue is  
(A) Oxygen Debt      (B) Depletion of oxygen  
(C) Lactic acid formation      (D) Increase of  $\text{CO}_2$  level

12. Natural Motivation is also called  
(A) Self-actualization      (B) Self-assertion  
(C) Extrinsic      (D) Intrinsic

13. Which of the following condition seriously influences consistency in performance in sports, even though temporarily ?  
(A) Change of trainer      (B) Occurring of Plateau  
(C) Team composition      (D) Athlete's mood state

14. What is the most crucial to positive transfer effect in skill learning process ?  
(A) Simplicity of skills      (B) Composition of skills  
(C) Teaching methodology      (D) Element similarity in skills

15. Which of the following can't be called a salient feature of personality ?  
(A) Uniqueness      (B) Individuality  
(C) Indivisibility      (D) Dependability





28. The correct racing posture of a swimmer, cyclist or a downhill skier minimizes the effect of

(A) Lift (B) Propulsion  
(C) Turbulence (D) Gravity

29. The force experienced by a spinning ball, as it passes through the air is called

(A) Contract force (B) Tensil force  
(C) Compressive force (D) Magnus force

30. The joint between Atlas and Axis is

(A) Saddle joint (B) Pivot joint  
(C) Glidding joint (D) Spheroid joint

31. The Class-1 lever is built for

(A) Strength (B) Equilibrium  
(C) Speed (D) Range of motion

32. The plane which devides the body into anterior and posterior halves, is known as

(A) Coronal plane (B) Lateral plane  
(C) Sagittal plane (D) Transverse plane

33. Who was the founder of modern Olympic Games ?

(A) H. C. Buck (B) Fredrick John  
(C) Guts-Muth (D) Baron Pierre de Coubertin

34. Modern Olympic Games were started in the year

(A) 1996 (B) 1896  
(C) 1897 (D) 1997

35. The purpose of integrating multi-media in physical education is

(A) to increase lesson duration  
(B) to provide varied learning experiences  
(C) to replace traditional methods  
(D) to decrease physical activity

36. Which of the following best describes the blended learning approach in physical education ?

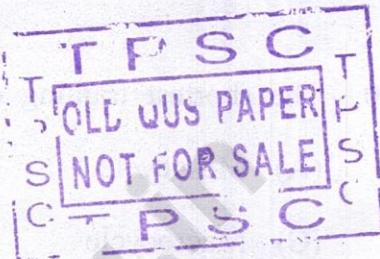
(A) Using only on-line resources  
(B) Combining Traditional and Digital Teaching Methods  
(C) Focusing solely on practical activities  
(D) Excluding theoretical concepts

37. V.A.R. Technology is used in which sports ?

(A) Cricket (B) Football  
(C) Badminton (D) Kabaddi

38. Collaborative learning in physical education can enhance

(A) Social skills and teamwork (B) Individual competition  
(C) Lecture comprehension (D) Isolated learning



39. What is the main purpose of warm-up-session before exercise ?

- (A) To relax the body
- (B) To increase the muscle temperature and prepare for the competition
- (C) To evaluate the players' performance
- (D) None of the above

40. The shortest training cycle is

- (A) Mesocycle
- (B) Microcycle
- (C) Macrocycle
- (D) None of these

41. In which periodization phase would an athlete typically works on building a base level of fitness ?

- (A) Preparatory phase
- (B) Competition phase
- (C) Transitional phase
- (D) Pre-competition phase

42. Trial and Error Method of learning was given by

- (A) Aristotle
- (B) Kohler
- (C) Pavlov
- (D) Thorndike

43. What is the role of Sports Psychologist in a team setting ?

- (A) Conducting physical fitness tests
- (B) Designing training schedules
- (C) Enhancing team cohesion and communication
- (D) Managing team strategies

44. Voluntary muscles are also called  
(A) Non-striated Muscles (B) Striated Muscles  
(C) Cardiac Muscles (D) None of these

45. What is the primary function of the respiratory system ?  
(A) Transportation of oxygen (B) Protection against pathogens  
(C) Digestion (D) Gas exchange

46. What is the primary function of the nervous system ?  
(A) Digestion (B) Co-ordination and Communication  
(C) Oxygen transportation (D) Hormone production

47. What does the term "Modalities" refer to in Physiotherapy ?  
(A) Types of injuries (B) Method of treatment  
(C) Dietary supplement (D) Athletic drills

48. What is the full form of W.A.D.A ?  
(A) World Anti Doping Agency (B) World Anti Doping Authority  
(C) World Anti Doping Association (D) World Anti Durable Agency

49. The plane divides the body into anterior and posterior halves is known as the  
(A) Frontal plane (B) Sagittal plane  
(C) Transverse plane (D) Horizontal plane

## SECTION-B

56. In which year Government of Tripura formulated the Sports Policy, 'Sports for All'?

(A) 1987 (B) 1997  
(C) 2018 (D) 2023

57. Who is the first female gymnast from India to compete in the Olympics?

(A) Dipa Karmakar (B) Pranati Nayak  
(C) Karnam Malleswari (D) None of them

58. 66th National School Games was held in

(A) Imphal (B) Srinagar  
(C) Bhopal (D) None of these

59. Who won the Wimbledon (Women's Single) Tennis Championship-2022?

(A) Ons Jabeur (B) Elena Rybakina  
(C) Naomi Osaka (D) Casper Rund

60. The cheetahs which were released in the Kuno National Park in MP by the Prime Minister of India were brought from

(A) Nigeria (B) Uganda  
(C) Kenya (D) Namibia

61. Who is the first Indian cricketer to hit 500 T20 sixes?

(A) K. L. Rahul (B) Virat Kohli  
(C) Rohit Sharma (D) Jasprit Bumrah

62. Who was recently crowned Wisden's Leading Women's Cricketer in the World for 2024 ?

(A) Meg Lanning (B) Mithali Raj  
(C) Ellyse Perry (D) Nat Sciver-Brunt

63. Hojagiri dance is associated with

(A) Reang Community (B) Tripuri Community  
(C) Chakma Community (D) None of these

64. Who is the first woman to receive 'Bharat Ratna'?

(A) Sushma Swaraj (B) Indira Gandhi  
(C) Sarojini Naidu (D) Lata Mangeshkar

65. Usually OMR sheets are used in most of the competitive examinations. The full form of OMR is

(A) Optical Marks Response (B) Optical and Magnetic Reader  
(C) Optical and Magnetic Record (D) Optical Mark Recognition

66. The first web browser is

(A) Internet Explorer (B) Netscape  
(C) World Wide Web (D) Firefox

67. The first National Park established in India is

(A) Kaziranga National Park (B) The Jim Corbett National Park  
(C) Hazaribagh National Park (D) Sepahijala National Park

68. Who among the following personalities was not connected with the system of medicine during the ancient period ?

(A) Charaka (B) Aryabhatta  
(C) Dhanvantari (D) Susruta

69. The Hornbill Festival, a celebration of tribal culture, is held annually in which State ?

(A) Tripura (B) Nagaland  
(C) Arunachal Pradesh (D) Mizoram

70. Compressed Natural Gas (CNG) is

(A) Propane (B) Ethane  
(C) Methane (D) All of these.

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**PART – II**  
**(ENGLISH)**

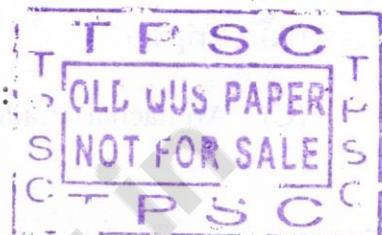
71. Draft a report on the scarcity of availability of blood in blood banks as well as risks involved in buying blood from blood banks, despite celebrating ‘Blood Donation Festival’ with all pomp and show in almost every nook and corner of your city.

10

Or

Write a paragraph on any *one* of the following topics :

(i) Uses and Abuses of Social Networking  
(ii) Harassment of Women at the Workplace  
(iii) Qualities of a Government Servant to serve the common people in a better way



72. Translate the following passage into English :

10

সময় একবার চলিয়া গেলে আর আসে না। খুব ধীরে ধীরে অবিরাম গতিতে সময় চলিয়া যায়। এক মুহূর্তও সে কোথাও দাঁড়াইয়া থাকে না। এজন্য যদি আমরা কোনো সময় নষ্ট করি তাহা আর জীবনে ফিরিয়া পাইব না। যাহারা দীর্ঘসূত্রী তাহাদের অভ্যাসই হল কালহরণ করা। সময়ের কাজ সময়ে না করিয়া ইচ্ছা করিয়া ফেলিয়া রাখা, সময় ও তাহাদের উপর প্রতিশোধ লয়। তাহারা কোনো কাজই করিয়া উঠিতে পারে না। আমরা অনেকেই ভাবি প্রচুর সময় পাড়িয়া আছে, কিন্তু সময় প্রচুর নহে। তাই হাতে যেটুকু সময় আছে সম্বুদ্ধার না করিলে জীবনে তাহা করিবার সুযোগ না-ও হইতে পারে।

Or

Write a summary of the following passage :

As daylight can be seen through very small holes, so little things will illustrate a person's character. Indeed, character consists of little acts, well and honourably performed in our daily life. One of the most marked tests of character is the manner in which we conduct ourselves towards others. A graceful behaviour towards superiors, inferiors and equals is a constant source of pleasure. It pleases others because it indicates respect for their personality ; but it gives tenfold pleasure to ourselves. Every man may, to a great extent, be a self educator in good behaviour, as in everything

else. He can be civil and kind, if he will, though he may not have a penny in his purse. Even a kind look will give pleasure and confer happiness. Gentleness in society is like the silent influence of light which gives colour to all nature. It is far more powerful than loudness of force and far more fruitful.

73. Answer any *five* (05) from following questions.

$2 \times 5 = 10$

(a) Insert the appropriate preposition in the sentence :

It is 9 o'clock \_\_\_\_\_ my watch.

(b) Insert appropriate article in the sentence :

I met \_\_\_\_\_ one-eyed beggar in the street.

(c) Put the missing word in the sentence :

More than 160 million people suffer \_\_\_\_\_ malaria.

(d) Insert proper article in the sentence :

May we have \_\_\_\_\_ pleasure of your company for lunch ?

(e) Rewrite the following sentences after making necessary corrections :

(i) The hens had stopped lying eggs.

(ii) The wood-cutter was falling the trees in the forest.

(f) Use the following phrases in sentences of your own to bring out their meaning clearly :

(i) a leap in the dark

(ii) yeoman service.

(g) Choose the word nearest in meaning to the underlined part :

Indians exhibited a remarkable solidarity at the time of War.

(i) dexterity

(ii) cooperation

(iii) force

(iv) character.

