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FSSAI
Technical Officer
Previous Year Paper
31 March 2022 Shift 1
(English)





FOOD SAFETY AND STANDARDS
AUTHORITY OF INDIA

Inspiring Trust, Assuring Safe & Nutritious Food

Ministry of Health and Family Welfare, Government of India

Participant ID	
Participant Name	
Test Center Name	
Test Date	31/03/2022
Test Time	9:00 AM - 12:00 PM
Subject	TECHNICAL OFFICERS

Section : General Aptitude

Q.1 Four number-sets have been given, out of which three are alike in some manner and one is different. Select the number-set that is different.

Ans ☒ 1. 17, 37, 54

☐ 2. 19, 39, 58

☐ 3. 22, 45, 67

☐ 4. 26, 53, 79

Question ID : 7773935707

Status : Answered

Chosen Option : 1

Q.2 Select the pair of words from the given options that shares a similar relationship as:

Pressure : Barometer.

Ans ☐ 1. Thermometer : Volume

☐ 2. Scale : Seconds

☐ 3. Voltmeter : Heat

☒ 4. Current : Ammeter

Question ID : 7773935702

Status : Answered

Chosen Option : 4

Q.3 Select the option that is related to the third term in the same way as the second term is related to the first term.

17 : 361 :: 21 : _____

Ans ☒ 1. 529

☐ 2. 729

☐ 3. 421

☐ 4. 625

Question ID : 7773935706

Status : Answered

Chosen Option : 1



Q.4 Anuj is father of Chitra and Dinesh. Anuj is son of Bimla. Ram is brother of Anuj. If Chitra is sister of Dinesh, how is Ram related to Bimla?

- Ans ☒ 1. Son
☒ 2. Father
☒ 3. Brother
☒ 4. Grand-son

Question ID : 7773935708
Status : Answered
Chosen Option : 1

Q.5 If each of the letters in the English alphabet is assigned odd numerical value beginning A = 1, B = 3 and so on, what will be the total value of the letters of the word RADIAL.

- Ans ☒ 1. 84
☒ 2. 90
☒ 3. 85
☒ 4. 89

Question ID : 7773935711
Status : Answered
Chosen Option : 1

Q.6 Select the term that will replace the question mark (?) in the following series.

CTE, JOH, QJK, ?

- Ans ☒ 1. XEN
☒ 2. XFN
☒ 3. YEN
☒ 4. YFM

Question ID : 7773935704
Status : Answered
Chosen Option : 1

Q.7 Select the number that will replace the question mark (?) in the following series.

9, 12, 7, 14, ?, 16, 3, 18

- Ans ☒ 1. 10
☒ 2. 6
☒ 3. 5
☒ 4. 21

Question ID : 7773935709
Status : Answered
Chosen Option : 3



Q.8 Select the correct combination of mathematical signs that can sequentially replace the * signs and balance the given equation:

$$76*(5*8*4)*9*75$$

- Ans ☒ 1. + x ÷ - =
☒ 2. ÷ - x + =
☒ 3. + - x ÷ =
☒ 4. - x ÷ + =

Question ID : 7773935710
Status : Answered
Chosen Option : 4

Q.9 Three of the following four letter-clusters are alike in a certain way and one is different. Choose the odd one.

- Ans ☒ 1. ZWQ
☒ 2. OLF
☒ 3. QNH
☒ 4. MIC

Question ID : 7773935703
Status : Answered
Chosen Option : 4

Q.10 A group of letters is given which are numbered 1 to 8. Four options given below depict combinations of these numbers. Select that combination of numbers so that letters arranged accordingly form a meaningful word.

N	T	Y	A	S	R	E	C
1	2	3	4	5	6	7	8

- Ans ☒ 1. 6, 3, 5, 2, 1, 4, 7, 8
☒ 2. 3, 5, 2, 6, 4, 7, 1, 8
☒ 3. 4, 1, 8, 7, 5, 2, 6, 3
☒ 4. 8, 7, 5, 2, 6, 3, 1, 4

Question ID : 7773935705
Status : Answered
Chosen Option : 3

Section : General Awareness

Q.1 In which state of India the Hornbill Festival is celebrated?

- Ans ☒ 1. Assam
☒ 2. Mizoram
☒ 3. Tripura
☒ 4. Nagaland

Question ID : 7773935716
Status : Answered
Chosen Option : 4

Q.2 During Harsha Vardhan's period which Chinese pilgrim visited India?

- Ans
- ☒ 1. Sung Yun
 - ☒ 2. Faxian
 - ☒ 3. Hiuen Tsang
 - ☒ 4. Nishka

Question ID : 7773935714
Status : Answered
Chosen Option : 3

Q.3 Which Mahajanapada in Ancient India had the capital named Champa?

- Ans
- ☒ 1. Assaka
 - ☒ 2. Anga
 - ☒ 3. Surasena
 - ☒ 4. Kosala

Question ID : 7773935712
Status : Answered
Chosen Option : 2

Q.4 After a violent episode of peasants occurred at Police station of Chauri Chaura, near Gorakhpur in UP, M.K Gandhi suspended non-cooperation movement on _____.

- Ans
- ☒ 1. 12 Feb 1921
 - ☒ 2. 12 Feb 1923
 - ☒ 3. 12 Feb 1922
 - ☒ 4. 12 Mar 1922

Question ID : 7773935715
Status : Answered
Chosen Option : 3

Q.5 In the Indian Constitution, the idea of concurrent list has been borrowed from _____.

- Ans
- ☒ 1. Australia
 - ☒ 2. Canada
 - ☒ 3. Ireland
 - ☒ 4. United Kingdom

Question ID : 7773935721
Status : Answered
Chosen Option : 4

Q.6 Which thing the Harappans were first to produce?

- Ans ☒ 1. Cotton
☒ 2. Bronze
☒ 3. Stone
☒ 4. Wood

Question ID : 7773935713
Status : Answered
Chosen Option : 1

Q.7 Which Indian state has the maximum number of slums according to the data released by the Housing and Urban Poverty Alleviation Ministry?

- Ans ☒ 1. Tamil Nadu
☒ 2. Gujarat
☒ 3. Bihar
☒ 4. Maharashtra

Question ID : 7773935718
Status : Answered
Chosen Option : 4

Q.8 For estimating poverty line in India, periodical sample survey is conducted by:

- Ans ☒ 1. International Survey Organisation
☒ 2. National simple Sample Organisation
☒ 3. National Sample Survey Organisation
☒ 4. National Survey Organisation

Question ID : 7773935720
Status : Answered
Chosen Option : 3

Q.9 For the Poverty Alleviation Programme in India, which one is not a valid reason?

- Ans ☒ 1. Income level
☒ 2. Lack of right targeting
☒ 3. Lack of proper implementation
☒ 4. Employment level

Question ID : 7773935719
Status : Answered
Chosen Option : 2

Q.10 To conserve natural resources for long term use, which of the three R's will help us?

- Ans ☒ 1. Reuse, Redistribute, Reduce
☒ 2. Reduce, Regenerate, Reuse
☒ 3. Reduce, Reuse, Recycle
☒ 4. Recycle, Regenerate, Reuse

Question ID : 7773935717
Status : Answered
Chosen Option : 4

Q.1 Select the option which does NOT form the antonym of another word with the addition of the prefix 'dis-'.

- Ans
- ☒ 1. dissatisfy
 - ☒ 2. disproportionate
 - ☒ 3. distinguish
 - ☒ 4. displease

Question ID : 7773935723
Status : Answered
Chosen Option : 3

Q.2 Fill in the blank with the most appropriate phrase.

Due to the network issue, the call suddenly got _____.

- Ans
- ☒ 1. cut out
 - ☒ 2. cut off
 - ☒ 3. cut down
 - ☒ 4. cut up

Question ID : 7773935725
Status : Answered
Chosen Option : 3

Q.3 Identify the segment in the sentence which contains a grammatical error.

The various aims of each government is, undoubtedly, reasonable but the problems still remain.

- Ans
- ☒ 1. but the problems still remain.
 - ☒ 2. The various aims
 - ☒ 3. undoubtedly, reasonable
 - ☒ 4. of each government is

Question ID : 7773935726
Status : Answered
Chosen Option : 3

Q.4 Select the most appropriate synonym of the given word.

ENTANGLE

- Ans
- ☒ 1. release
 - ☒ 2. exclude
 - ☒ 3. involve
 - ☒ 4. explain

Question ID : 7773935722
Status : Answered
Chosen Option : 1

Q.5 Select the most appropriate word for the given group of words.

a slowly moving mass or river of ice

- Ans
- ☒ 1. blizzard
 - ☒ 2. avalanche
 - ☒ 3. typhoon
 - ☒ 4. glacier

Question ID : 7773935724

Status : Answered

Chosen Option : 4

Comprehension:

In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each number.

My elder brother was 5 years older than me. Though we started 1. _____ at same age he was only three grades ahead me. When it 2. _____ to important subjects like education only devil 3. _____ rush him. He was a perfectionist and he 4. _____ his basics to be strong enough to support a skyscraper. He took 2 years 5. _____ the work of one year.

SubQuestion No : 6

Q.6 Select the most appropriate option to fill in the blank No. 5.

- Ans
- ☒ 1. to complete
 - ☒ 2. complete
 - ☒ 3. to completing
 - ☒ 4. completed

Question ID : 7773935732

Status : Answered

Chosen Option : 1

Comprehension:

In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each number.

My elder brother was 5 years older than me. Though we started 1. _____ at same age he was only three grades ahead me. When it 2. _____ to important subjects like education only devil 3. _____ rush him. He was a perfectionist and he 4. _____ his basics to be strong enough to support a skyscraper. He took 2 years 5. _____ the work of one year.

SubQuestion No : 7

Q.7 Select the most appropriate option to fill in the blank No. 1.

- Ans
- ☒ 1. coaching
 - ☒ 2. teaching
 - ☒ 3. schooling
 - ☒ 4. tuition

Question ID : 7773935728

Status : Answered

Chosen Option : 3

Comprehension:

In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each number.

My elder brother was 5 years older than me. Though we started 1. _____ at same age he was only three grades ahead me. When it 2. _____ to important subjects like education only devil 3. _____ rush him. He was a perfectionist and he 4. _____ his basics to be strong enough to support a skyscraper. He took 2 years 5. _____ the work of one year.

SubQuestion No : 8

Q.8 Select the most appropriate option to fill in the blank No. 2.

- Ans** ☒ 1. came
 ☐ 2. was coming
 ☐ 3. come
 ☐ 4. coming

Question ID : 7773935729
Status : Answered
Chosen Option : 1

Comprehension:

In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each number.

My elder brother was 5 years older than me. Though we started 1. _____ at same age he was only three grades ahead me. When it 2. _____ to important subjects like education only devil 3. _____ rush him. He was a perfectionist and he 4. _____ his basics to be strong enough to support a skyscraper. He took 2 years 5. _____ the work of one year.

SubQuestion No : 9

Q.9 Select the most appropriate option to fill in the blank No. 4.

- Ans** ☐ 1. imagined
 ☐ 2. felt
 ☒ 3. wanted
 ☐ 4. thought

Question ID : 7773935731
Status : Answered
Chosen Option : 4

Comprehension:

In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each number.

My elder brother was 5 years older than me. Though we started 1. _____ at same age he was only three grades ahead me. When it 2. _____ to important subjects like education only devil 3. _____ rush him. He was a perfectionist and he 4. _____ his basics to be strong enough to support a skyscraper. He took 2 years 5. _____ the work of one year.

SubQuestion No : 10

Q.10 Select the most appropriate option to fill in the blank No. 3.

- Ans
- ☐ 1. should
 - ☐ 2. can
 - ☐ 3. would
 - ☒ 4. could

Question ID : 7773935730
Status : Answered
Chosen Option : 4

Section : Computer Literacy

Q.1 Which of the following options in MS-Word 2019 is used to change the structure and layout of pages in a document?

- Ans
- ☐ 1. Editor
 - ☐ 2. Arrange
 - ☐ 3. Styles
 - ☒ 4. Page Setup

Question ID : 7773935734
Status : Answered
Chosen Option : 4

Q.2 Which of the following is component where email is received and managed?

- Ans
- ☐ 1. Trash
 - ☐ 2. Sent mail
 - ☒ 3. Inbox
 - ☐ 4. Spam

Question ID : 7773935742
Status : Answered
Chosen Option : 3

Q.3 Which of the following options is used to display the content of active cell in MS-Excel 2019?

- Ans
- ☒ 1. Formula bar
 - ☐ 2. Title bar
 - ☐ 3. Scroll bar
 - ☐ 4. Ruler

Question ID : 7773935737
Status : Answered
Chosen Option : 1



Q.4 Which of the following MS-Excel 2019 features helps us to add the contents of a cluster of adjacent cells?

- Ans ☒ 1. AutoSum
☐ 2. PivotTable
☐ 3. Charts
☐ 4. AutoFill

Question ID : 7773935736
Status : Answered
Chosen Option : 4

Q.5 Which of the following in MS-Excel 2019 allows to illustrate workbook data graphically, which makes it easy to visualize comparisons and trends?

- Ans ☐ 1. Autofill
☐ 2. Autosum
☐ 3. Pivot table
☒ 4. Charts

Question ID : 7773935738
Status : Answered
Chosen Option : 4

Q.6 Which of the following groups does not belongs to Mailings tab of MS-Word 2019?

- Ans ☐ 1. Create
☐ 2. Finish
☒ 3. Proofing
☐ 4. Write & Insert Fields

Question ID : 7773935735
Status : Answered
Chosen Option : 3

Q.7 Which of the following in MS-PowerPoint 2019 is used to display group of related commands within tabs?

- Ans ☐ 1. View Options
☒ 2. Ribbon
☐ 3. Work Area
☐ 4. Collapse

Question ID : 7773935739
Status : Answered
Chosen Option : 1

Q.8 Which of the following displays the slide show on a monitor or computer projected large screen in MS-PowerPoint 2019?

- Ans
- ☐ 1. Web page
 - ☐ 2. Handouts
 - ☐ 3. Overhead transparencies
 - ☒ 4. On-screen slide show

Question ID : 7773935740
Status : Answered
Chosen Option : 4

Q.9 Which of the following commands is used to go to the Design tab in MS-Word 2019?

- Ans
- ☐ 1. Alt+N
 - ☐ 2. Alt+H
 - ☒ 3. Alt+G
 - ☐ 4. Alt+F

Question ID : 7773935733
Status : Answered
Chosen Option : 3

Q.10 In MS-PowerPoint 2019, which of the following options is not valid to start creating a new presentation?

- Ans
- ☒ 1. Format
 - ☐ 2. Blank
 - ☐ 3. Template on Microsoft.com
 - ☐ 4. Design

Question ID : 7773935741
Status : Answered
Chosen Option : 4

Section : Indian and International Food Laws (Overview)

Q.1 What is the full form of ISI?

- Ans
- ☐ 1. International Standards Institute
 - ☒ 2. Indian Standards Institute
 - ☐ 3. Industrial Standards Institute
 - ☐ 4. Intentional Standards Institute

Question ID : 7773935749
Status : Answered
Chosen Option : 2



Q.2 What is the full form of WTO?

- Ans
- ☐ 1. World Transport Organization
 - ☐ 2. World Textile Organization
 - ☒ 3. World Trade Organization
 - ☐ 4. World Tariff Organization

Question ID : 7773935751
Status : Answered
Chosen Option : 3

Q.3 Under which act APEDA (Agricultural and Processed Food Product Export Development Authority) was established in 1985?

- Ans
- ☐ 1. Export (Quality Control and Inspection) Act
 - ☐ 2. Prevention of Food Adulteration Act
 - ☒ 3. Agricultural and Processed Food Product Export Development Authority Act
 - ☐ 4. Environment (Protection) Act

Question ID : 7773935760
Status : Answered
Chosen Option : 1

Q.4 When did European Union (EU) join the Codex Alimentarius?

- Ans
- ☐ 1. 1999
 - ☒ 2. 2003
 - ☐ 3. 1995
 - ☐ 4. 2000

Question ID : 7773935743
Status : Answered
Chosen Option : 2

Q.5 Where is the headquarter of Bureau of Indian Standards (BIS) located?

- Ans
- ☐ 1. Chandigarh
 - ☐ 2. Kolkata
 - ☒ 3. New Delhi
 - ☐ 4. Chennai

Question ID : 7773935757
Status : Answered
Chosen Option : 3

Q.6 Which voluntary certification scheme known as 'ISI' mark for processed foods?

- Ans
- ☒ 1. BIS
 - ☐ 2. FPO
 - ☐ 3. AGMARK
 - ☐ 4. MFPO

Question ID : 7773935754
Status : Answered
Chosen Option : 1

Q.7 What is the role of Agriculture and Consumer Protection Department of the FAO?

- Ans
- ☒ 1. Promotes the management of fishing and aquaculture
 - ☒ 2. Promotes agriculture to reduce poverty and ensuring safe food production
 - ☒ 3. Promotes the management of forestry resources
 - ☒ 4. Promotes economic development through the internal production and trade

Question ID : 7773935750
Status : Answered
Chosen Option : 2

Q.8 What is the full form of FSSAI?

- Ans
- ☒ 1. Feed Safety and Standards Authority of India
 - ☒ 2. Feed Security and Standards Authority of India
 - ☒ 3. Food Safety and Standards Authority of India
 - ☒ 4. Food Security and Standards Authority of India

Question ID : 7773935746
Status : Answered
Chosen Option : 3

Q.9 ISO 22000 describes which management system?

- Ans
- ☒ 1. Food Safety Management
 - ☒ 2. Quality Management
 - ☒ 3. Environmental Management
 - ☒ 4. Animal Management

Question ID : 7773935752
Status : Answered
Chosen Option : 1

Q.10 Milk is adulterated with:

- Ans
- ☒ 1. Coal tar dyes
 - ☒ 2. Water and Starch
 - ☒ 3. Sand
 - ☒ 4. Citric acid

Question ID : 7773935753
Status : Answered
Chosen Option : 2

Q.11 Which of the following Administrative Ministry are responsible for the implementation of Fruit Products Order, 1955?

- Ans
- ☒ 1. Ministry of Industry, Govt. of India
 - ☒ 2. Ministry of Civil Supplies and consumer affairs
 - ☒ 3. Ministry of Health and Family Welfare
 - ☒ 4. Ministry of Food Processing, Govt. of India

Question ID : 7773935755
Status : Answered
Chosen Option : 4



Q.12 Where is the headquarters of FSSAI located?

- Ans
- ☒ 1. Chennai
 - ☒ 2. Mumbai
 - ☒ 3. Kolkata
 - ☒ 4. New Delhi

Question ID : 7773935747
Status : Answered
Chosen Option : 4

Q.13 What is the second principle of Hazard Analysis Critical ControlPoint (HACCP) system?

- Ans
- ☒ 1. Establish critical limits at each CCP
 - ☒ 2. Conduct a hazard analysis
 - ☒ 3. Identify Critical Control Points (CCPs)
 - ☒ 4. Establish monitoring procedures for critical limits

Question ID : 7773935759
Status : Answered
Chosen Option : 3

Q.14 GFSI stands for?

- Ans
- ☒ 1. Global Food Safety Initiative
 - ☒ 2. Global Fuel Safety Initiative
 - ☒ 3. Global Fruit safety Initiative
 - ☒ 4. Global Feed Safety Initiative

Question ID : 7773935761
Status : Answered
Chosen Option : 1

Q.15 In food industry, GAP stands for?

- Ans
- ☒ 1. Great Agriculture Practices
 - ☒ 2. Good Agricultural Practices
 - ☒ 3. Good Agricultural Protocols
 - ☒ 4. Great Agriculture Protocols

Question ID : 7773935744
Status : Answered
Chosen Option : 2

Q.16 Which ISO standard is related to quality management system?

- Ans
- ☒ 1. ISO 45001
 - ☒ 2. ISO 14000
 - ☒ 3. ISO 9000
 - ☒ 4. ISO 22000

Question ID : 7773935762
Status : Answered
Chosen Option : 3

Q.17 In which year government of India establish Ministry of Food Processing Industries (MOFPI)?

- Ans
- ☒ 1. 1964
 - ☒ 2. 1972
 - ☒ 3. 1980
 - ☒ 4. 1988

Question ID : 7773935748
Status : Answered
Chosen Option : 1

Q.18 What does GMP stands for?

- Ans
- ☒ 1. Good Making Practices
 - ☒ 2. Good Managerial Practices
 - ☒ 3. Good Management Practices
 - ☒ 4. Good Manufacturing Practices

Question ID : 7773935756
Status : Answered
Chosen Option : 4

Q.19 Which scheme is employed by manufacturers who need ISI mark (BIS standard mark) within 30 days as per the government notification?

- Ans
- ☒ 1. Tatkal Scheme
 - ☒ 2. ECO Mark Scheme
 - ☒ 3. Registration Scheme for Self Declaration of conformity
 - ☒ 4. Foreign Manufactures Certification Scheme

Question ID : 7773935758
Status : Answered
Chosen Option : 4

Q.20 Which term is used to assure that the food is acceptable for human consumption according to its intended use?

- Ans
- ☒ 1. Adulterants
 - ☒ 2. Toxicity
 - ☒ 3. Hazard
 - ☒ 4. Food Safety

Question ID : 7773935745
Status : Answered
Chosen Option : 4

Section : FSSAI(General understanding)

Q.1 Double fortified salt is fortified with:

- Ans
- ☐ 1. Iodine and calcium
 - ☐ 2. Iodine and vitamin D
 - ☐ 3. Iodine and vitamin A
 - ☒ 4. Iodine and iron

Question ID : 7773935777
Status : Answered
Chosen Option : 4

Q.2 Upon arrival of the food consignment for import, the importer shall file:

- Ans
- ☐ 1. The import license
 - ☒ 2. Integrated declaration form
 - ☐ 3. Custom duty
 - ☐ 4. FSSAI clearance certificate

Question ID : 7773935774
Status : Not Answered
Chosen Option : --

Q.3 ISO 22000 lays process specifications for:

- Ans
- ☐ 1. Food Import Management System
 - ☐ 2. Safe Food Management System
 - ☐ 3. Food Export Management System
 - ☒ 4. Food Safety Management System

Question ID : 7773935781
Status : Answered
Chosen Option : 4

Q.4 The principle of FIFO adopted in clean food street hub refers to:

- Ans
- ☒ 1. First in first out for ingredients
 - ☐ 2. First in for offers
 - ☐ 3. First interested in offers
 - ☐ 4. First in for order

Question ID : 7773935779
Status : Answered
Chosen Option : 4

Q.5 FSSAI has incorporated third party audit for FBO's. This will help in the following EXCEPT:

- Ans
- ☐ 1. Assure safe food to consumers
 - ☐ 2. Strengthen food safety surveillance system
 - ☐ 3. Encourage self-compliance
 - ☒ 4. Encourage preparation of healthy food

Question ID : 7773935769
Status : Answered
Chosen Option : 1



Q.6 The 3rd day of the 5 days training program for designated Officer focuses on:

- Ans
- ☐ 1. Need for food safety
 - ☐ 2. Licensing and Registration
 - ☐ 3. Surveillance and Monitoring
 - ☒ 4. Packaging and labelling and FSMS

Question ID : 7773935782
Status : Answered
Chosen Option : 3

Q.7 Food Safety Display boards are colour coded for different kinds of food businesses. Which of the following business is NOT matched with the colour code?

- Ans
- ☐ 1. Green—Fruit and vegetable retail
 - ☐ 2. Blue—Milk retail
 - ☐ 3. Purple—Restaurant
 - ☒ 4. Grey—Liquor retail

Question ID : 7773935770
Status : Answered
Chosen Option : 4

Q.8 Which of the following statements is true regarding WHO?

- Ans
- ☒ 1. Stands for World Health Organisation established in Geneva Switzerland on 7th April 1948
 - ☐ 2. Stands for World Head Organisation, established in Rome Italy on 7 th April 1949
 - ☐ 3. Stands for World Health Organisation established in Rome Italy on 7 th April 1948
 - ☐ 4. Stands for World Health Organization established in Geneva Switzerland on 7 th April 1949

Question ID : 7773935765
Status : Answered
Chosen Option : 1

Q.9 SNF@Workplace Initiative aims at the following EXCEPT:

- Ans
- ☐ 1. Promoting general health and well being
 - ☒ 2. Providing resources such as The Pink book
 - ☐ 3. Providing FSSAI trained health and wellness coordinator
 - ☐ 4. To combat increase in obesity and NCDs

Question ID : 7773935772
Status : Answered
Chosen Option : 2



Q.10 According to FSS rules, _____ shall be responsible for inspection of food business, obtaining samples and sending them to the food analyst.

- Ans
- ☒ 1. Assistant Commissioner
 - ☒ 2. Commissioner
 - ☒ 3. Designated Officer
 - ☒ 4. Food Safety Officer

Question ID : 7773935764
Status : Answered
Chosen Option : 4

Q.11 FSSAI was established in:

- Ans
- ☒ 1. 2006
 - ☒ 2. 1954
 - ☒ 3. 2018
 - ☒ 4. 2008

Question ID : 7773935763
Status : Answered
Chosen Option : 4

Q.12 Licensing and registration of food business in FSSAI are covered under which section:

- Ans
- ☒ 1. Section 31
 - ☒ 2. Section 9
 - ☒ 3. Section 30
 - ☒ 4. Section 13

Question ID : 7773935776
Status : Answered
Chosen Option : 1

Q.13 Food containers should be kept at least _____ above the ground in the clean street hub project.

- Ans
- ☒ 1. 15 cm
 - ☒ 2. 20 cm
 - ☒ 3. 10 cm
 - ☒ 4. 5 cm

Question ID : 7773935780
Status : Answered
Chosen Option : 2

Q.14 An initiative of the GOI and FSSAI to transform the country's food system to ensure safe, healthy and sustainable food to all is known as:

- Ans ☒ 1. Eat Right India Movement
 ☐ 2. Combat Malnutrition Movement
 ☐ 3. Eat Healthy India Movement
 ☐ 4. Eat Safe India Movement

Question ID : 7773935768
Status : Answered
Chosen Option : 1

Q.15 Balance shelf life means:

- Ans ☐ 1. The period between the date of manufacture and best before/ date of expiry
 ☒ 2. The period between the date of import and best before/ date of expiry
 ☐ 3. The remaining period upto Best before/ date of expiry for any food on the shelf
 ☐ 4. The period between the release of stock in the market and the best before/ date of expiry

Question ID : 7773935773
Status : Answered
Chosen Option : 1

Q.16 Under Section (43)2 of the FSS Act 2006 the FSSAI has notified how many laboratories in September 2017:

- Ans ☐ 1. 14
 ☒ 2. 16
 ☐ 3. 18
 ☐ 4. 20

Question ID : 7773935767
Status : Answered
Chosen Option : 1

Q.17 The term Hidden Hunger refers to:

- Ans ☐ 1. Macronutrient deficiency
 ☐ 2. Inadequate food intake
 ☒ 3. Micronutrient deficiency
 ☐ 4. Malnutrition

Question ID : 7773935778
Status : Answered
Chosen Option : 4

Q.18 What is the full form of SoFTeL?

- Ans ☒ 1. Strengthening of food testing laboratories
☐ 2. Strengthening of fat testing laboratories
☐ 3. Strengthening of fast testing laboratories
☐ 4. Strengthening of flour testing laboratories

Question ID : 7773935766
Status : Answered
Chosen Option : 1

Q.19 What is SNF in milk?

- Ans ☐ 1. Safe Nutritious Food
☐ 2. Skimmed-N-Fresh
☒ 3. Solids Not Fat
☐ 4. Saturated Not Fat

Question ID : 7773935771
Status : Answered
Chosen Option : 1

Q.20 What is the full form of RUCO?

- Ans ☐ 1. Reuse used cooking oil
☐ 2. Repurpose unused cooking oil
☒ 3. Repurpose used cooking oil
☐ 4. Reuse unused cooking oil

Question ID : 7773935775
Status : Answered
Chosen Option : 3

Section : Domain Section

Q.1 The mold used in the preparation of Soya sauce is:

- Ans ☐ 1. Aspergillus tamarii
☐ 2. Penicillium chrysogenum
☐ 3. Rhizopus stolonifera
☒ 4. Aspergillus oryzae

Question ID : 7773935797
Status : Not Answered
Chosen Option : --

Q.2 Fats perform the following functions except for one function. Which function does fat NOT perform?

- Ans
- ☒ 1. Helps absorb fat soluble vitamins
 - ☒ 2. Stimulates peristalsis and eliminates fecal waste
 - ☒ 3. Provides thermal insulation
 - ☒ 4. Adds satiety value and flavour

Question ID : 7773935798
Status : Answered
Chosen Option : 4

Q.3 An in-house reference sample for which one or more property values have been established by the user laboratory is called the:

- Ans
- ☒ 1. Blind sample
 - ☒ 2. Control sample
 - ☒ 3. Test sample
 - ☒ 4. Spiked sample

Question ID : 7773935818
Status : Answered
Chosen Option : 3

Q.4 In-house procedures for continuous monitoring of operations and systematic day-to-day checking of produced data for reliability in the Analysis Laboratory is called:

- Ans
- ☒ 1. Internal Quality Control
 - ☒ 2. External Quality Control
 - ☒ 3. Quality Management
 - ☒ 4. External Audit

Question ID : 7773935821
Status : Answered
Chosen Option : 3

Q.5 Surface ropiness in milk is caused by:

- Ans
- ☒ 1. Alcaligenes viscolactis
 - ☒ 2. Leuconostoc spp.
 - ☒ 3. Clostridium perfringens
 - ☒ 4. Pseudomonas fluorescens

Question ID : 7773935794
Status : Answered
Chosen Option : 2



Q.6 Which one of the following statements is INCORRECT for sprouted pulses?

- Ans ☒ 1. Sprouting increases the shelf-life
- ☒ 2. Sprouting increases availability of nutrients
- ☒ 3. Sprouting increases the content of B-complex and C Vitamins
- ☒ 4. Sprouting increases digestibility

Question ID : 7773935816
Status : Answered
Chosen Option : 3

Q.7 With respect to irradiation of food, which one of the following is INCORRECT:

- Ans ☒ 1. Can be used as a substitute for GMP
- ☒ 2. Food in sealed containers can be irradiated
- ☒ 3. Radura symbol should be displayed on the label
- ☒ 4. Sensory characteristics do not change significantly

Question ID : 7773935806
Status : Answered
Chosen Option : 4

Q.8 The date beyond which a packaged food product may still be perfectly safe to eat, though its quality may have diminished is:

- Ans ☒ 1. Date of discounted sale
- ☒ 2. Best before date
- ☒ 3. Use by date
- ☒ 4. Expiry date

Question ID : 7773935811
Status : Answered
Chosen Option : 2

Q.9 Which of the following statements is INCORRECT with respect to Algal toxins in shellfish and fish in oceans?

- Ans ☒ 1. Cause symptoms of food poisoning, tingling and paralysis
- ☒ 2. Are eliminated by cooking and freezing
- ☒ 3. Enter the body of fish and shellfish and can be retained
- ☒ 4. They have no smell or taste

Question ID : 7773935799
Status : Answered
Chosen Option : 4



Q.10 Most foods have a water activity above:

- Ans ☒ 1. 0.65
☒ 2. 0.95
☒ 3. 0.9
☒ 4. 0.85

Question ID : 7773935804
Status : Answered
Chosen Option : 2

Q.11 With respect to Non-Communicable Diseases, which one of the following statements is INCORRECT:

- Ans ☒ 1. They are also called Life-style related diseases
☒ 2. Obesity predisposes a person to Non-Communicable Diseases
☒ 3. Excessive intake of saturated fats and cholesterol should be avoided
☒ 4. They cannot be prevented

Question ID : 7773935793
Status : Answered
Chosen Option : 4

Q.12 The vitamin which helps in the conversion of Tryptophan to Niacin is:

- Ans ☒ 1. Thiamine
☒ 2. Pyridoxine
☒ 3. Pantothenic acid
☒ 4. Biotin

Question ID : 7773935814
Status : Answered
Chosen Option : 4

Q.13 Which one of the following CANNOT be called a Non-Communicable Disease?

- Ans ☒ 1. Atherosclerosis
☒ 2. Hepatitis
☒ 3. Cancer
☒ 4. Diabetes

Question ID : 7773935792
Status : Answered
Chosen Option : 1

Q.14 Fruits and vegetables are blanched during processing mainly to:

- Ans ☒ 1. Eliminate enzymes and microorganisms
☒ 2. Destroy insects and pesticide residues
☒ 3. Remove foreign material like stalks and soil
☒ 4. Reduce processing time

Question ID : 7773935803
Status : Answered
Chosen Option : 1



Q.15 Which one of the following statements is incorrect with respect to microbial enzymes?

- Ans
- ☒ 1. They offer huge economic benefits to the industry
 - ☒ 2. They are produced through fermentations
 - ☒ 3. Use of enzymes or microorganisms in food is a recent development
 - ☒ 4. They have better stability than plant or animal enzymes

Question ID : 7773935789
Status : Answered
Chosen Option : 4

Q.16 The essential amino acid in short supply in cereals is:

- Ans
- ☒ 1. Lysine
 - ☒ 2. Methionine
 - ☒ 3. Phenylalanine
 - ☒ 4. Isoleucine

Question ID : 7773935822
Status : Answered
Chosen Option : 1

Q.17 Shelf stable products with a water activity of 0.6 to 0.84 which can be eaten without rehydration are called:

- Ans
- ☒ 1. High moisture foods
 - ☒ 2. Intermediate moisture foods
 - ☒ 3. Convenience foods
 - ☒ 4. Low moisture foods

Question ID : 7773935809
Status : Answered
Chosen Option : 2

Q.18 Another term for provitamin is:

- Ans
- ☒ 1. Preformed vitamin
 - ☒ 2. Precursor
 - ☒ 3. Coenzyme
 - ☒ 4. Active form of vitamin

Question ID : 7773935817
Status : Answered
Chosen Option : 3

Q.19 'My Plate for the Day' which promotes health, prevents hidden hunger and protects from diseases was developed in the year?

- Ans
- ☒ 1. 2011
 - ☒ 2. 2018
 - ☒ 3. 2021
 - ☒ 4. 2015

Question ID : 7773935815
Status : Answered
Chosen Option : 1

Q.20 With reference to Food Fortification in India, which of the following statements is correct:

- Ans
- ☒ 1. Fortification aims at bridging the protein calorie gap
 - ☒ 2. Fortification of food is a new concept
 - ☒ 3. Some commonly consumed foods are fortified
 - ☒ 4. Fortified foods provide 100% RDA

Question ID : 7773935791
Status : Answered
Chosen Option : 4

Q.21 Which of the following statements is INCORRECT with respect to the Enterobacteriaceae family?

- Ans
- ☒ 1. It is a large family of Gram-positive bacteria
 - ☒ 2. They are present in the human intestinal tract
 - ☒ 3. Faecal coliforms which can grow at 45°C belong to this class
 - ☒ 4. Pathogens like E. coli, Salmonella and Enterobacter are some of the genera in this class

Question ID : 7773935786
Status : Not Answered
Chosen Option : --

Q.22 Which of the following dietary fibres is from of a non-carbohydrate source?

- Ans
- ☒ 1. Pectin
 - ☒ 2. Lignin
 - ☒ 3. Mucilage
 - ☒ 4. Algae

Question ID : 7773935819
Status : Answered
Chosen Option : 4

Q.23 The enzyme which increases the bioavailability of thiosulfinates is:

- Ans ☒ 1. Arylsulphatase
☒ 2. Diastase
☒ 3. Allinase
☒ 4. Inulase

Question ID : 7773935813
Status : Not Answered
Chosen Option : --

Q.24 Epidemic dropsy is caused by:

- Ans ☒ 1. Mustard oil
☒ 2. Argemone oil
☒ 3. Lathyrus sativus
☒ 4. Mycotoxins

Question ID : 7773935785
Status : Answered
Chosen Option : 2

Q.25 Functional properties of lipids include all of the following EXCEPT:

- Ans ☒ 1. Adding bulk
☒ 2. Aerating
☒ 3. Prevents product from sticking
☒ 4. Development of flavour

Question ID : 7773935807
Status : Not Answered
Chosen Option : --

Q.26 With respect to Quality Control, to correct errors and prevent repetition, 5 W's need to be answered. Which one of the following is not one of them?

- Ans ☒ 1. Where was it made
☒ 2. Why was it made
☒ 3. Whom was it reported to
☒ 4. What error was made

Question ID : 7773935800
Status : Not Answered
Chosen Option : --

Q.27 With respect to probiotics, which of the following statements is INCORRECT?

- Ans ☒ 1. They survive pasteurization and cooking temperatures
☒ 2. They colonize the large intestine and can combat harmful Bacteria
☒ 3. They are live microorganisms present in some foods which we eat
☒ 4. Probiotic bacteria are added to processed foods for their health benefits

Question ID : 7773935796
Status : Answered
Chosen Option : 2

Q.28 Active packaging systems use oxygen scavengers while packaging grated cheese to:

- Ans
- ☐ 1. Decrease level of condensation
 - ☐ 2. Retain Vitamin C
 - ☐ 3. Prevent enzymatic browning
 - ☒ 4. Prevent mold growth

Question ID : 7773935802
Status : Answered
Chosen Option : 4

Q.29 A powerful chemical released when an allergen enters the body causing symptoms of allergy:

- Ans
- ☐ 1. Antigen
 - ☐ 2. Antibody
 - ☒ 3. Histamine
 - ☐ 4. Antihistamine

Question ID : 7773935788
Status : Answered
Chosen Option : 2

Q.30 Foods which have the potential to prevent disease and promote good health are called:

- Ans
- ☐ 1. GM foods
 - ☒ 2. Nutraceuticals
 - ☐ 3. Organic foods
 - ☐ 4. Special foods

Question ID : 7773935783
Status : Answered
Chosen Option : 2

Q.31 Food Safety Management System related Documents and Records which are mandatory are:

- Ans
- ☐ 1. Approved supplier list
 - ☒ 2. Medical fitness certificate for food handlers
 - ☐ 3. Equipment breakdown maintenance report
 - ☐ 4. Visitor Record

Question ID : 7773935801
Status : Answered
Chosen Option : 3

Q.32 The best practices for frying food include all of the following EXCEPT:

- Ans
- ☒ 1. Removing food particles from oil frequently before they char
 - ☒ 2. Using stainless steel frying pans
 - ☒ 3. Mixing the used cooking oil with new oil in the oil container
 - ☒ 4. Using oils which have a high smoke point

Question ID : 7773935808
Status : Answered
Chosen Option : 3

Q.33 What is the tagline for the 'Eat Right India' movement?

- Ans
- ☒ 1. Sahi Poshan – Desh Roshan
 - ☒ 2. Sahi Bhojan, Behtar Jeevan
 - ☒ 3. Jago Grahak, Jago
 - ☒ 4. Ek Kadam Swatchta Ki Aur

Question ID : 7773935790
Status : Answered
Chosen Option : 2

Q.34 The toxin produced by Clostridium botulinum is a/an:

- Ans
- ☒ 1. Hepatotoxin
 - ☒ 2. Hemolysin
 - ☒ 3. Neurotoxin
 - ☒ 4. Enterotoxin

Question ID : 7773935795
Status : Answered
Chosen Option : 1

Q.35 Allergen cross-contact in Food operations can be prevented by:

- Ans
- ☒ 1. Following safe food handling and storage practices
 - ☒ 2. Mentioning known food allergens on the package label
 - ☒ 3. Mentioning ingredients used in recipes on the menu card
 - ☒ 4. Cooking all protein rich foods thoroughly

Question ID : 7773935787
Status : Answered
Chosen Option : 3

Q.36 Vitamin required for the synthesis of collagen is:

- Ans
- ☒ 1. Ascorbic acid
 - ☒ 2. Pantothenic acid
 - ☒ 3. Riboflavin
 - ☒ 4. Vitamin K

Question ID : 7773935810
Status : Answered
Chosen Option : 4

Q.37 On the basis of their shelf-life, potatoes and onions are classified as:

- Ans
- ☐ 1. Stable
 - ☐ 2. Perishable
 - ☒ 3. Semi-perishable
 - ☐ 4. Non-perishable

Question ID : 7773935805
Status : Answered
Chosen Option : 4

Q.38 As compared to conventional methods of extraction, green extraction technologies have the following advantages EXCEPT:

- Ans
- ☐ 1. High quality extract
 - ☐ 2. Safe products
 - ☐ 3. Low environment impact
 - ☒ 4. Time consuming

Question ID : 7773935812
Status : Answered
Chosen Option : 4

Q.39 Walnuts are a rich source of:

- Ans
- ☐ 1. Ricinoleic acid
 - ☒ 2. Alpha-linolenic acid (ALA)
 - ☐ 3. Stearic acid
 - ☐ 4. Butyric acid

Question ID : 7773935784
Status : Not Answered
Chosen Option : --

Q.40 Which one of the following statements is INCORRECT with respect to mass spectrometry?

- Ans
- ☐ 1. It is used to determine a particles mass
 - ☒ 2. Can determine the amino acid profile of a protein
 - ☐ 3. Can measure difference between mass of different isotopes of the same atom
 - ☐ 4. Can determine types of elements in compounds

Question ID : 7773935820
Status : Answered
Chosen Option : 3