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ESIC ANM

Previous Year Paper
19 Mar, 2016



125 Questions

Que. 1 Which of the following is not a vital sign in the clinical examination of human body?

1. Pulse rate
2. Body temperature
3. Respiratory rate
4. Skin colour

Correct Option - 4

Que. 2 Who was the first woman to have a great influence on nursing in India?

1. Mother Teresa
2. Florence Nightingale
3. Indira Gandhi
4. Annie Besant

Correct Option - 2

Que. 3 Which of the following category of nurses provides services in the reproductive child health programme?

1. Industrial nurses
2. Teaching nurses
3. Community health nurses
4. Director of nursing

Correct Option - 3

Que. 4 The first State level nursing council was established in :

1. Delhi
2. Tamilnadu
3. Kerala
4. Mizoram

Correct Option - 2

Que. 5 Which of the following sterilization devices simulates the principle of a pressure cooker in its functioning?

1. Autoclave
2. Hot air oven
3. Inspissator

4. Pasteurizer

Correct Option - 1

Que. 6 Asepsis is a method used in hospitals for :

1. Treatment of ulcers
2. Infection control & sterilization
3. Disposal of wastes
4. Treatment of tumours

Correct Option - 2

Que. 7 The hospital wastes are disposed of by a method called :

1. Inspissation
2. Incineration
3. Autoclaving
4. Simple burning

Correct Option - 2

Que. 8 Which of the following is not an essential component of the medical case history?

1. Habits of the patient
2. Hobbies of the patient
3. Past history
4. Drug history

Correct Option - 2

Que. 9 In the hospitals, blood spills are cleaned by using which of the following solutions?

1. Sodium chloride
2. Potassium nitrate
3. Sodium hypochlorite
4. Dettol

Correct Option - 3

Que. 10 The fumigation of surgical wards is usually done by using :

1. Dettol
2. Sodium hypochlorite
3. Ethylene gas
4. Formaldehyde

Correct Option - 4

Que. 11 The process which deactivates the microbes, but does not kill them is known as :

1. Sterilization
2. Sanitization
3. Disinfection
4. Autoclaving

Correct Option - 3

Que. 12 Which of the following gases acts as an effective disinfectant?

1. Hydrogen
2. Oxygen
3. Chlorine
4. Sulphur

Correct Option - 3

Que. 13 Which of the following gases is used in sterilization of medical equipments?

1. Ethylene oxide gas
2. Methylene oxide gas
3. Methane gas
4. Ethane gas

Correct Option - 1

Que. 14 The reduction in the residual chlorine due to the reduction in chloramine is known as?

1. Chlorination
2. Chloramination
3. Reduction
4. Break point chlorination

Correct Option - 2

Que. 15 Which of the following cannot be used as a disinfectant in hospitals?

1. Sodium hypochlorite
2. EDTA
3. 100% alcohol
4. Formaldehyde

Correct Option - 3

Que. 16 What is hysterectomy?

1. Surgical removal of ovaries
2. Surgical removal of uterus
3. Surgical removal of ureters
4. Surgical removal of fallopian tubes

Correct Option - 2

Que. 17 The National Environment Engineering Research Institute (NEERI) is located in _____.

1. New Delhi
2. Kolkata
3. Nagpur
4. Hyderabad

Correct Option - 3

Que. 18 Nalgonda technique is a method of :

1. Water fluoridation
2. Filtration of water
3. Sterilization of water
4. Defluoridation of water

Correct Option - 4

Que. 19 Which of the following is not a helminth which makes the drinking water unsafe?

1. Earth worm
2. Guinea worm
3. Round worm
4. Flat worm

Correct Option - 1

Que. 20 The Government of India launched the National Water supply & Sanitation programme in the year _____.

1. 1954
2. 1964
3. 1974
4. 1984

Correct Option - 1

Que. 21 The study of distribution and determinants of a disease in a community is known as :

1. Etiology
2. Pathogenesis
3. Epidemiology
4. Endemology

Correct Option - 3

Que. 22 The disease which is constantly present and widely spread in a community is known as :

1. Endemic
2. Epidemic
3. Pandemic
4. Sporadic

Correct Option - 2

Que. 23 The disease which is restricted to a particular region/area is known as :

1. Epidemic
2. Pandemic
3. Endemic
4. Sporadic

Correct Option - 3

Que. 24 Which of the following is an Epidemic disease?

1. Cholera
2. Goitre
3. Asthma
4. COPD

Correct Option - 1

Que. 25 Which of the following is an example of Pandemic disease?

1. Goitre
2. Cholera
3. Asthma
4. Swine flu

Correct Option - 4

Que. 26 Swine flu is caused by :

1. H5N1 virus

2. HIV virus
3. H1N1 virus
4. H1N1 bacteria

Correct Option - 3

Que. 27 Goiter is an example of :

1. Endemic disease
2. Epidemic disease
3. Pandemic disease
4. Sporadic disease

Correct Option - 1

Que. 28 The government of India launched the National Rural health mission in the year :

1. 2015
2. 2010
3. 2000
4. 2005

Correct Option - 4

Que. 29 Auxiliary Nurse Midwife works at :

1. State level
2. District level
3. Mandal level
4. Village level

Correct Option - 4

Que. 30 The Accredited Social Health Activist (ASHA) is guided and trained on various aspects of health care by :

1. Medical officer
2. Medical superintendent
3. Auxiliary Nurse-Midwife
4. Anganwadi worker

Correct Option - 3

Que. 31 The Government of India in the year 2014, has launched the mission Indradhanush for:

1. Prevention of polio
2. HIV awareness

3. National Immunization programme
4. TB awareness programme

Correct Option - 3

Que. 32 Which cells of the human body are first targeted by HIV?

1. B cells
2. T cells
3. RBC
4. Platelets

Correct Option - 2

Que. 33 The mode of transmission which has highest chance of infecting the HIV to the patient is:

1. Sexual contact
2. Sharing of needles
3. Saliva
4. Blood transfusion

Correct Option - 1

Que. 34 Which of the following vaccinations is routinely given to the nursing and other medical professionals before they enter the hospital practice?

1. Polio
2. HIV
3. Hepatitis B
4. DPT

Correct Option - 3

Que. 35 Syphilis is caused by which of the following microbes?

1. Neisseria gonorrhoea
2. Treponema pallidum
3. E.coli
4. Salmonella

Correct Option - 2

Que. 36 Widal test is done in the diagnosis of:

1. Rheumatic fever
2. Hay fever
3. Enteric fever

4. Dengue fever

Correct Option - 3

Que. 37 A patient with Dengue fever should be given with adequate:

1. RBC
2. WBC
3. T cells
4. Platelets

Correct Option - 4

Que. 38 Which scientist invented the vaccination for the first time?

1. Edward Jenner
2. Alexander Fleming
3. Louis Pasteur
4. Robert Hooke

Correct Option - 1

Que. 39 In DPT vaccination, the letter P stands for :

1. Pneumonia
2. Polio
3. Pertusis
4. Pharyngitis

Correct Option - 3

Que. 40 BCG vaccination is given for:

1. Cholera
2. Leprosy
3. Typhoid
4. Tuberculosis

Correct Option - 4

Que. 41 The geographical area in which a group of people living with common interests and aspirations and form together a social network is known as :

1. Ecosystem
2. Society
3. Community
4. Population

Correct Option - 3

Que. 42 Where is the headquarter of World Health Organization (WHO) located?

1. Geneva
2. Washington
3. London
4. New York

Correct Option - 1

Que. 43 Which of the following is not a component of the epidemiological triad?

1. Agent
2. Disease
3. Host
4. Environment

Correct Option - 2

Que. 44 The first case, which is studied in an epidemiological study is known as :

1. Reference case
2. Control
3. Index case
4. Cohort

Correct Option - 3

Que. 45 Which of the following is not a duty of Primary Health care Nurse?

1. Prevention of illnesses
2. Promotion of health
3. Palliation and Rehabilitation
4. Conducting clinical trials on animals

Correct Option - 4

Que. 46 Which of the following medications is commonly used as a wound disinfectant?

1. Neosporin
2. Prednisolone
3. Povidine iodine
4. Bacitracin powder

Correct Option - 3

Que. 47 The headquarters of UNICEF are located in which of the following cities?

1. Geneva
2. London
3. New York
4. Berlin

Correct Option - 3

Que. 48 Which of the following is not a component of Primary health care?

1. Diagnosis
2. Wound care
3. Case history
4. Definitive Surgery

Correct Option - 4

Que. 49 Which of the following is not a component of AMPLE history?

1. Allergies
2. Medications
3. Pregnancy
4. Last meal

Correct Option - 3

Que. 50 The epidemiological study which proceeds from effect to cause is known as:

1. Case control study
2. Cohort study
3. Randomized trials
4. Clinical study

Correct Option - 1

Que. 51 Which of the following vitamins is likely to be deficient in a 4-year-old child whose family follows a strict vegetarian diet?

1. Vitamin B1
2. Vitamin B2
3. Vitamin B6
4. Vitamin B12

Correct Option - 4

Que. 52 A 4-year-old child who generally plays alone, feels shy, and is characterized by parrot-like repetitive speech is most likely to be suffering from which of the following impairments?

1. Cerebral palsy
2. Autism
3. Atavism
4. Muscular dystrophy

Correct Option - 2

Que. 53 Spasticity, Rigidity and Athetosis are the characteristics of which of the following diseases?

1. Down's syndrome
2. Muscular dystrophy
3. Cerebral palsy
4. Autism

Correct Option - 3

Que. 54 Which of the following is the most likely cause of speech impairment in a four year old child?

1. Cleft lip and palate
2. Atavism
3. Respiratory tract infections
4. Vocal cord impairment

Correct Option - 1

Que. 55 Down syndrome is caused due to which of the following reasons?

1. Monosomy of 21st chromosome
2. Trisomy of 21st chromosome
3. Monosomy of 23rd chromosome
4. Trisomy of 23rd chromosome

Correct Option - 2

Que. 56 Who proposed the Cognitive theory of child development?

1. Addleson
2. Skinner
3. Jean piaget
4. Darwin

Correct Option - 3

Que. 57 Which of the following sedatives is safer in children?

1. Diazepam
2. Lorazepam
3. Fentanyl
4. Phenobarbitone

Correct Option - 4

Que. 58 Which of the following general anaesthetics is safer in children?

1. Propofol
2. Ketamine
3. Sevoflurane
4. Halothane

Correct Option - 3

Que. 59 Which of the following is an example of dissociative anesthesia?

1. Halothane
2. Ketamine
3. Sevoflurane
4. Fentanyl

Correct Option - 2

Que. 60 Which of the following is commonly employed in providing the fluoride supplements for children?

1. Salt water fluoridation
2. Community water fluoridation
3. Milk fluoridation
4. Fluoride injections

Correct Option - 3

Que. 61 What is the correct algorithm for saving the life of a patient in an emergency?

1. Circulation-Breathing-Airway
2. Airway-Circulation-Breathing
3. Airway-Breathing-Circulation
4. Breathing-Circulation-Airway

Correct Option - 3

Que. 62 Which of the following should be first done in a patient lying down after a road traffic accident?

1. Establish responsiveness

2. Start chest compressions
3. Start mouth breathing
4. Check the pulse rate

Correct Option - 1

Que. 63 Which of the following scales is used to assess the responsiveness in an emergency case following a trauma?

1. Hess and Hunt scale
2. Responsiveness scale
3. Glasgow coma scale
4. Winter's scale

Correct Option - 3

Que. 64 In Glasgow coma scale, what is the full form of VEM?

1. Verbal response, Eye opening, Motor response
2. Vital signs, Eye stimulus, Muscle response
3. Verbal response, Energy levels, Motor signals
4. Vital signs, Eye opening, Muscle response

Correct Option - 1

Que. 65 Which of the following emergency drugs is used in Angina?

1. Atenolol
2. Glucose
3. Nitroglycerine
4. Oxygen

Correct Option - 3

Que. 66 What is the route of administration of the drug Nitroglycerine?

1. Oral
2. Sublingual
3. I.M
4. I.V

Correct Option - 2

Que. 67 The administration of electric shock to the heart of a person in an emergency is known as which of the following?

1. Fibrillation

2. Defibrillation
3. Electrocautery
4. Refibrillation

Correct Option - 2

Que. 68 Which of the following organs may be damaged if a rescuer follows an improper CPR technique?

1. Heart
2. Lungs
3. Liver
4. Stomach

Correct Option - 3

Que. 69 One of the major drug therapies for bipolar disorder is:

1. Calcium
2. MgSO₄
3. Lithium carbonate
4. Magnesium

Correct Option - 3

Que. 70 According to the AHA guidelines, what is the "universal compression" to "ventilation" ratio while performing CPR in adults?

1. 30 : 2
2. 2 : 30
3. 10 : 2
4. 20 : 2

Correct Option - 1

Que. 71 According to the AHA guidelines, what is the "universal compression" to "ventilation" ratio for performing CPR in a new born?

1. 30 : 2
2. 3 : 1
3. 21 : 3
4. 15 : 2

Correct Option - 2

Que. 72 Guedel's airway is an example of which of the following?

1. Oropharyngeal airway

2. Nasopharyngeal airway
3. Nasotracheal airway
4. Natural airway

Correct Option - 1

Que. 73 Which of the following drugs is used in Hypertensive crisis?

1. Atenolol
2. Calcitriol
3. Glucose
4. Sodium nitroprusside

Correct Option - 4

Que. 74 Which of the following drugs is safest in pregnancy hypertension?

1. Enalapril
2. Captopril
3. Propranolol
4. Labetalol

Correct Option - 4

Que. 75 Which of the following first aids should be performed in a person suffering from Hypoxia?

1. Battle first aid
2. Hypobaric first aid
3. Oxygen first aid
4. Wilderness first aid

Correct Option - 3

Que. 76 Which of the following diets should be followed by a diabetic patient?

1. Protein rich
2. Carbohydrate rich
3. Calorie rich
4. Fibre rich

Correct Option - 4

Que. 77 Which of the following vitamin supplements should be provided for a patient with Xerophthalmia?

1. Vitamin A
2. Vitamin B
3. Vitamin C

4. Vitamin D

Correct Option - 1

Que. 78 Which of the following dietary supplements should be provided for children Kwashiorkor and Marasmus?

1. Carbohydrate rich
2. Vitamin A
3. Protein rich
4. Fiber rich

Correct Option - 3

Que. 79 Which of the following vitamin supplements should be provided for a child suffering from rickets?

1. Vitamin A
2. Vitamin B
3. Vitamin C
4. Vitamin D

Correct Option - 4

Que. 80 Beri Beri is a disease caused due to the deficiency of which of the following vitamins?

1. Vitamin B1
2. Vitamin B2
3. Vitamin C
4. Vitamin D

Correct Option - 1

Que. 81 Swollen, spongy and bleeding gums are the manifestations of the deficiency of which vitamin?

1. Vitamin A
2. Vitamin B
3. Vitamin C
4. Vitamin D

Correct Option - 3

Que. 82 Diarrhoea, Dementia and Dermatitis are the manifestations of which of the following diseases?

1. Scurvy
2. Pellagra
3. Rickets
4. Beri Beri

Correct Option - 2

Que. 83 Which of the following is the intravenous crystalloid of choice for a patient with shock?

1. Glucose
2. Glucagon
3. Ringer's lactate
4. Salt water

Correct Option - 3

Que. 84 Which of the following should be first given to a patient with hypoglycaemia?

1. Glucose
2. Insulin
3. Lactose
4. Salt water

Correct Option - 1

Que. 85 Cyanocobalamine is the chemical name of which of the following vitamins?

1. B1
2. B2
3. B6
4. B12

Correct Option - 4

Que. 86 Which of the following is an antidote for Heparin?

1. Calcium sulphate
2. Protamine sulphate
3. Magnesium sulphate
4. Citrate solution

Correct Option - 2

Que. 87 Which of the following is an antidote for Diazepam poisoning?

1. Paracetamol
2. Fentanyl
3. Flumazenil
4. Alcohol

Correct Option - 3

Que. 88 Which of the following is an antidote for Paracetamol poisoning?

1. N-acetyl cysteine
2. N-acetyl glutamate
3. N-acetyl sulphate
4. N-methyl cysteine

Correct Option - 1

Que. 89 In infants, the Moro's reflex persists till how many months?

1. 6 months
2. 5 months
3. 3 months
4. 9 months

Correct Option - 3

Que. 90 An infant can hold the head erect for a prolonged period at which of the following months?

1. 1 month
2. 1.5 months
3. 2 months
4. 3 months

Correct Option - 4

Que. 91 What is the normal respiratory rate in a new born?

1. 30-40 per minute
2. 20-25 per minute
3. 15-25 per minute
4. 10-20 per minute

Correct Option - 1

Que. 92 What is the best exercise the nurse should educate a patient with cystocele?

1. Abdomen exercise
2. Deep breathing exercise
3. Leg exercise
4. Kegel exercise

Correct Option - 4

Que. 93 During pregnancy, the fetal cardiac activity can be best assessed by which of the following methods?

1. Auscultation
2. USG
3. CT scan
4. MRI

Correct Option - 2

Que. 94 What is the full form of ASHA with reference to the National Rural Health Mission of 2005?

1. Accredited Social Health Assistant
2. Accredited Social Health Activist
3. Accredited Social Health Allowance
4. Accredited Society Health Actions

Correct Option - 2

Que. 95 Which of the following is an indicator of the performance of ASHA?

1. Decrease in maternal mortality rate
2. Decrease in prevalence of a disease
3. Increased natality rate
4. Increased total fertility rate

Correct Option - 1

Que. 96 The surgical removal of Vas deferens is known as which of the following procedures?

1. Tubectomy
2. Vasectomy
3. Hysterectomy
4. Testectomy

Correct Option - 2

Que. 97 Tubectomy is the surgical removal of which of the following?

1. Vas deferens
2. Eustachian tube
3. Fallopian tube
4. Ovaries

Correct Option - 3

Que. 98 Which of the following should not be done in a pregnant woman with HIV?

1. Caesarian section
2. USG

3. Blood analysis
4. Normal delivery

Correct Option - 4

Que. 99 Which of the following supplements are highly recommended for a pregnant woman?

1. Vitamin D and milk
2. Iron and folic acid
3. Vitamin B12
4. Sodium and potassium salts

Correct Option - 2

Que. 100 The decreased levels of haemoglobin leads to which of the following diseases?

1. Myopia
2. Hyperaemia
3. Anaemia
4. Hemorrhage

Correct Option - 3

Que. 101 Who appoints the Chief Justice of India?

1. Governor
2. President
3. Prime Minister
4. Chief Justice

Correct Option - 2

Que. 102 Telescope was first invented by _____.

1. Hans Lippershey
2. Copernicus
3. Galileo Galilei
4. Hubble

Correct Option - 1

Que. 103 The author of "A Passage To India" is _____.

1. Gibbon
2. Jawaharlal Nehru
3. E. M. Forster
4. Huxly

Correct Option - 3

Que. 104 Where do you find clock and calendar in computer?

1. Start Menu
2. Task Bar
3. Menu Bar
4. Desktop

Correct Option - 2

Que. 105 Rabi season is:

1. April - June
2. June - September
3. October - April
4. January - April

Correct Option - 3

Que. 106 Earth revolves around the sun in every:

1. 365 days
2. 364 days
3. $365\frac{1}{4}$ days
4. $365\frac{1}{2}$ days

Correct Option - 3

Que. 107 The sum of three consecutive odd numbers is 165. What is the sum of the largest number and twice the smallest number?

1. 163
2. 169
3. 168
4. 186

Correct Option - 1

Que. 108 Which one the following is **not matched** correctly?

1. KTMNNXPOA - KTMNNXPOA
2. 2678766817RT - 2678766817RT
3. TA682XO9PIS - TA682XOP9IS
4. AC0546327801 - AC0546327801

Correct Option - 3

Que. 109 Today is Tuesday. After 62 days it will be _____.

1. Wednesday
2. Monday
3. Tuesday
4. Sunday

Correct Option - 3

Que. 110 THILLAI is coded as 1356645 and PRABU is coded as 89427, then what is the code for BHARATHI?

1. 23494135
2. 23494315
3. 32494135
4. 34294135

Correct Option - 1

Que. 111 Complete the following series with a suitable number.

13, 13, 15, _____, 25, 33

1. 15
2. 17
3. 19
4. 21

Correct Option - 3

Que. 112 Arrange the following words in a logical sequence.

1. Cloth

2. Seed
3. Handloom
4. Cotton
5. Shirt

Which of the following best describes the arrangement?

1. 42315
2. 24315
3. 24135
4. 21345

Correct Option - 2

Que. 113 Simplify.

$$\frac{2.5 \times 2.5 \times 2.5 - 1.5 \times 1.5 \times 1.5}{2.5 \times 2.5 + 2.5 \times 1.5 + 1.5 \times 1.5}$$

1. 2.5
2. 1.5
3. 1
4. $(2.5)^2 - (1.5)^2$

Correct Option - 3

Que. 114 The average height of a class of 30 students is 1 m 50 cm. 6 new students increase the average height to 1 m 55 cm. Determine the average height of the 6 new students.

1. 1 m 65 cm
2. 1 m 60 cm
3. 1 m 85 cm
4. 1 m 80 cm

Correct Option - 4

Que. 115 Keerthi invests 15% of her monthly salary in medicine, 20% of her monthly salary in shopping and 40% of her monthly salary in household expenses. She saves the remaining amount of Rs. 4500/-. What is Kirti's annual salary (in Rs.)?

1. Rs. 271600
2. Rs. 261600
3. Rs. 216000
4. Rs. 217600

Correct Option - 3

Que. 116 The ratio of present ages of two sisters is 1 : 2 and six years back the ratio was 1 : 3. What will be the ratio of the ages after six years?

1. 3 : 5
2. 5 : 3
3. 2 : 3
4. 3 : 2

Correct Option - 1

Que. 117 Vinu can do a piece of work in 7 days of 9 hours each and Meenu can do it in 6 days of 7 hours each. How long will they take to do it working together for $8\frac{2}{5}$ hours a day?

1. 3 days
2. 6 days

3. 4 days
4. 5 days

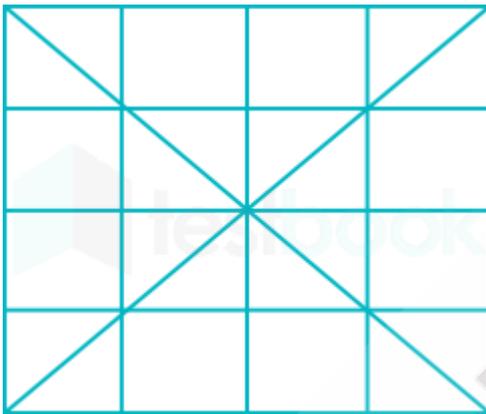
Correct Option - 1

Que. 118 What is the value of three-fourth of two-fifth of one-fifth of 32000?

1. 1960
2. 1980
3. 1940
4. 1920

Correct Option - 4

Que. 119 Find the number of triangles from the following figure.



1. 36
2. 48
3. 42
4. 30

Correct Option - 2

Que. 120 X and Y are married couple. A and B are the sisters. A is the sister of X. How B is related to Y?

1. Daughter-in-law
2. Sister-in-law
3. Sister
4. Daughter

Correct Option - 2

Que. 121 If CHENNAI is coded as 54, what code can be the code for MUMBAI?

1. 79
2. 59
3. 69

4. 94

Correct Option - 2

Que. 122 Vitamin A : Night Blindness :: ? : Scurvy

1. Vitamin B
2. Vitamin K
3. Vitamin A
4. Vitamin C

Correct Option - 4

Que. 123 Suresh, Kamalesh, Mukesh, Amit, and Rakesh are friends. Suresh is shorter than Kamalesh but taller than Rakesh, Mukesh is the tallest. Amit is a little shorter than Kamalesh and a little taller than Suresh. Who has two persons taller and two persons shorter than him?

1. Amit
2. Kamalesh
3. Rakesh
4. Suresh

Correct Option - 1

Que. 124 A, B, and C are Educated. A, C, and D are Hardworking. C, D, and E are Employed. A, B, D, and E are Polite. Who is Educated, Hardworking, Polite but not Employed?

1. B
2. E
3. A
4. C

Correct Option - 3

Que. 125 The year next to 1988 having the same calendar as that of 1988 is:

1. 2016
2. 1990
3. 1996
4. 1993

Correct Option - 1