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KG MU

Nursing Officer

Memory Based Paper
2023



60 Questions

Que. 1 What is the normal tidal volume in adults?

1. 300ml
2. 500 ml
3. 1200 ml
4. 3600 ml

Correct Option - 2

Que. 2 Which of the following is a high risk factor for Postpartum haemorrhage ?

1. Hyperemesis gravidarum
2. Hypertension in pregnancy
3. Twin pregnancy
4. Previous caesarean section

Correct Option - 3

Que. 3 Which of the following could be a risk factor for the development of atherosclerosis and peripheral vascular disease?

1. Low levels of a Low-Density Lipid (LDL) cholesterol
2. High levels of Very Low-Density Lipid (VLDL) cholesterol
3. High levels of Low-Density Lipid (LDL) cholesterol
4. High levels of High-Density Lipid (HDL) cholesterol

Correct Option - 3

Que. 4 Three months after coming from war a nurse is re-experiencing images of stressful events, insomnia and depression. She is suffering from which of the following?

1. Acute stress reaction
2. Post traumatic stress disorder
3. Adjustment disorder
4. Somatic disorder

Correct Option - 2

Que. 5 What is inside a red color fire extinguisher ?

1. Carbon dioxide
2. Dry chemical
3. Foam

4. Water

Correct Option - 4

Que. 6 A nurse is performing respiratory assessment of a patient. Which of the following indicates the presence of consolidation of lungs?

1. Tracheal deviation
2. Increased tactile fremitus
3. Hyper resonant percussion note
4. Decreased vocal resonance

Correct Option - 2

Que. 7 A doctor has prescribed 2 liter Normal Saline at the rate of 250 ml per hour. This Normal Saline infusion will complete in how much time?

1. 6 hours
2. 7 hours
3. 8 hours
4. 10 hours

Correct Option - 3

Que. 8 Which one of the following is NOT included in the elements of Primary Health Care (PHC) ?

1. Provision of safe water and basic sanitation
2. Safe food supply and proper nutrition
3. Appropriate treatment of common diseases and injuries
4. Increasing the adaption of the individual to his environment

Correct Option - 4

Que. 9 A patient is being administrated IV Mannitol. The specific assessment for safe administration of this drug is :

1. Check for cynosis
2. Weigh the patient daily
3. Monitor urine output vigilantly
4. Do liver function test 12 hourly

Correct Option - 3

Que. 10 A primigravida is in labour for 8 hours, when you notice that labour curve comes to the right of the alert line. What will you do next ?

1. Check uterine contractions
2. Give injection Oxytocin

3. Start normal saline infusion
4. Shift patient for Caesarean section

Correct Option - 4

Que. 11 If waste materials contaminate the source of drinking water which of the following disease will spread ?

1. Typhoid
2. Malaria
3. Anemia
4. Scruby

Correct Option - 1

Que. 12 Which of the following should be done by a nurse for a patient admitted with weakness, tingling and numbness of lower extremities, diagnosed to have Guillain Barre Syndrome?

1. Position the patient with foot end elevated
2. Give sedatives to calm him
3. Give IV methylprednisolone
4. Monitor the respiratory functions

Correct Option - 4

Que. 13 First Aid management in case of epistaxis are all EXCEPT:

1. Tilt head of the person backwards
2. Tilt head of the person forwards
3. Pinch soft part of nose of person
4. Ask person to breathe through mouth

Correct Option - 1

Que. 14 Which sleep pattern disturbance is seen in Mania?

1. Increased need for sleep
2. Decreased need for sleep
3. Somnambulism
4. Sleep wake cycle disturbance

Correct Option - 2

Que. 15 The fungal infection of the foot resulting in scaliness and cracking of skin of sole and in between toes is called:

1. Athletes foot

2. Paronychia
3. Corns
4. Callus

Correct Option - 1

Que. 16 Which organism is specifically destroyed in pasteurization?

1. Clostridium botulinum
2. Mycobacterium tuberculosis
3. Bacillus cereus
4. Lactic acid bacteria

Correct Option - 2

Que. 17 Which cranial nerve is responsible for movement of eye ball?

1. Occulomotor
2. Vagus
3. Trigeminal
4. Olfactory

Correct Option - 1

Que. 18 Mixing of brick powder with Chili powder is a case of:

1. Food Toxication
2. Food Additives
3. Food Fortification
4. Food adulteration

Correct Option - 4

Que. 19 A newborn's mother asks the nurse why Vitamin K is given to her newborn? The nurse explains that because Vitamin K helps in:

1. Coagulation of blood
2. Gut maturation
3. Immunization process
4. Brain growth

Correct Option - 1

Que. 20 Baby Ravi is undergoing phototherapy treatment for hyperbilirubinemia. Which parts of his body should be covered to prevent tissue damage ?

1. Eyes and Abdomen

2. Eyes and Genitalia
3. Eyes and Extremities
4. Genital area nad Abdomen

Correct Option - 2

Que. 21 What is rate of chest compression in a minute when giving CPR to and adult?

1. 30-60
2. 70-90
3. 100-120
4. 130-150

Correct Option - 3

Que. 22 Normal respiratory rhythm and depth in a person is known as:

1. Apnoea
2. Eupnoea
3. Bradyponoa
4. Tachyponea

Correct Option - 2

Que. 23 Which size of cannula is used to administer intravenous fluid to newborn babies?

1. 24
2. 22
3. 20
4. 18

Correct Option - 1

Que. 24 Which of the following is a feature of 'Rashtriya Bal Swasthya Karyakram'?

1. It covers the children from birth to 6 years of age
2. First level of screening is done by ASHA workers at home
3. The Screening of babies of 6 weeks to 6 years is done at anganwadis centres
4. It includes the babies born at public and private health facilites

Correct Option - 3

Que. 25 A 28-year-old individual had been experiencing persistent sadness, loss of interest in previously enjoyed activities, change in appetite and sleep pattern. Which branch of psychology is primarily involved in the assessment and treatment of the individual's condition?

1. Congnitive Psychology

2. Clinical Psychology
3. Social Psychology
4. Development Psychology

Correct Option - 2

Que. 26 Social stratification is based on:

1. Social understanding
2. Social inequality
3. Social harmony
4. Social disorganization

Correct Option - 2

Que. 27 What will be the most immediate initial action by a nurse for a patient with suspected chemical burn?

1. Immediately cover the exposed area
2. Provide calm environment
3. Flush the site of burn with running water for 20 minutes.
4. Try to know the type of chemical

Correct Option - 3

Que. 28 A female is gravida 4, para 3 and is in labour room. After a vaginal examination it is determined that the foetus is at +3 station. The most appropriate nursing action is:

1. Check for prolapsed cord
2. Start oxytocin drip
3. Continue to observe female's uterine contraction
4. Prepare her for immediate delivery

Correct Option - 4

Que. 29 In which part of the human eye is the image of an object formed?

1. Iris
2. Retina
3. Cornea
4. Pupil

Correct Option - 2

Que. 30 A female reports in OPD with history of severe pain in lower abdomen and dizziness for 4 hours. On enquiring she informs that she is overdue for menstruation by 15 days, The probable reason could be:

1. Missed abortion

2. Ectopic pregnancy
3. Molar pregnancy
4. Septic abortion

Correct Option - 2

Que. 31 What will you do if a day 3 postpartum woman complains of hard tender breasts and fever of 100 degree fahrenheit?

1. Ask her to wear a tight bra for support
2. Express breast milk
3. Stop breast feeding for 2 days
4. Start antibiotics

Correct Option - 2

Que. 32 A full term pregnant woman is brought into your emergency in an unconscious state. Froth is coming out from her mouth and her husband informs you that she had a fit on the way to the hospital. You will do all the following EXCEPT:

1. Make her lie in supine position
2. Do oropharyngeal suction
3. Give her oxygen by mask
4. Start IV fluids

Correct Option - 1

Que. 33 The regulatory bodies in Nursing ensure:

1. Collection of fee for conducting trainings and workshops
2. Assistance in getting admission in higher education centers in foreign countries
3. Recruitment of nurses in government and private institutions
4. Standardization and supervision of nursing education and practice

Correct Option - 4

Que. 34 In intrathecal injection, medicine is administered in :

1. Ventricles
2. Epidural space
3. Sub dural space
4. Sub arachnoid space

Correct Option - 4

Que. 35 Which of the following is NOT a warning sign of impending eclampsia ?

1. Headache
2. Breathlessness
3. Swollen feet
4. Epigastric pain

Correct Option - 2

Que. 36 Paralysis of which nerve produces 'Ape thumb deformity'?

1. Axillary
2. Radial
3. Ulnar
4. Median

Correct Option - 4

Que. 37 A patient does not remember the specific incidents of the days of heavy drinking. The patient is experiencing:

1. Hangover
2. Delirium
3. Dementia
4. Blackouts

Correct Option - 4

Que. 38 What is the immediate management for a patient with 40mg/ dL Random Blood Sugar (RBS) ?

1. 5% dextrose
2. 50% dextrose
3. 5% DNS
4. Ringer lactate

Correct Option - 2

Que. 39 What is the correct standard method used by a microbiologist for the storage of specimens such as urine, stool and swabs?

1. In refrigerator at -80 degree Celsius
2. In refrigerator at 4 degree Celsius
3. At room temperature at 25 degree Celsius
4. At body temperature at 37 degree Celsius

Correct Option - 3

Que. 40 25 years female, diagnosed of urinary tract infection, has been told to give sample for urine culture and sensitivity. Which part of urine stream she should give in sample?

1. Early part
2. Mid part
3. Later part
4. Any part

Correct Option - 2

Que. 41 Which of the following test is done to check vestibular function?

1. Auditory acuity
2. Caloric
3. Babinski reflex
4. Nerve conduction velocity

Correct Option - 2

Que. 42 A lady has delivered 20 minutes back in your hospital. Suddenly her attendant informs that she has started bleeding per vaginally. What is the first thing that a nurse would do?

1. Give her oxygen
2. Start IV fluids
3. Massage her Uterus
4. Give her blood transfusion

Correct Option - 3

Que. 43 Patella in which type of bone?

1. Short
2. Irregular
3. Sesamoid
4. Accessory

Correct Option - 3

Que. 44 On day 3 of life, the mother complained to nurse that the newborn has lost weight. What is the best thing to do?

1. Assess the newborn for any anomalies or diseases
2. Instruct the mother to increase baby's feeding
3. Assure the mother that this is normal
4. Inform the doctor immediately

Correct Option - 3

Que. 45 If a patient is having burns of upper body including upper extremities, nursing officer should take which of the following pulse?

1. Carotid
2. Radial
3. Brachial
4. Popliteal

Correct Option - 4

Que. 46 A patient on treatment for Schizophrenia complains about a persistent feelings of restlessness and says "I feel like I need to move all the time." What should a nurse do?

1. Ask the patient to take rest
2. Ask the patient to go for a walk
3. Assess the patient for other extrapyramidal symptoms
4. Educate the patient about psychomotor agitation associated with Schizophrenia

Correct Option - 3

Que. 47 A male patient arrives in the casualty with predominant burns to his face, chest and arms from an explosion while cooking. He presents with difficulty in breathing and chest pain. What is your priority intervention?

1. Assess his airway
2. Clean the burn wound
3. Monitor his cardiovascular status
4. Start IV fluid

Correct Option - 1

Que. 48 Myopia can be corrected by using lens.

1. Convex
2. Cylindrical
3. Concave
4. Plain

Correct Option - 3

Que. 49 Look at the following statement and find out the right conclusion.

The teacher scolded Aruna in front of her classmates during project submission.

Conclusion I: The Aruna was not as popular as her other classmates.

Conclusion II: The teacher does not like Aruna.

1. Only conclusion I is right
2. Only conclusion II is right
3. Both conclusions I and II are right

- Both conclusions I and II are wrong

Correct Option - 4

Que. 50 BMI is calculated by using the formula:

- Weight in kilogram / (height in meter)²
- Weight in kilogram / (height in cm)²
- (Height in meter)² / weight in kilogram
- (Height in cm)² / weight in kilogram

Correct Option - 1

Que. 51 A person is trying to eat healthy to maintain his weight. However, he also has a strong craving for a piece of chocolate cake. This is an example of

- Habit
- Conflict
- Impulse
- Resolution

Correct Option - 3

Que. 52 Patients in rural settings may not have access to the same healthcare services that are offered in metropolitan cities. This situation is the violation of an ethical principle called

- Autonomy
- Beneficence
- Justice
- Non-beneficence

Correct Option - 3

Que. 53 For treatment of hypovolemic shock which IV fluid is given?

- Normal saline at 0.45%
- Dextrose at 5%
- Normal saline at 0.9%
- Normal saline at 3%

Correct Option - 3

Que. 54 In honor Killing, murder is committed by :

- Neighbour
- Family members
- Enemy

4. Unkown Person

Correct Option - 2

Que. 55 In which of the following conditions will you insert an Intra Uterine Contraceptive Device (IUCD)?

1. Foul smelling vaginal discharge
2. Irregular vaginal bleeding
3. 2 months amenorrhoea
4. Immediate after an abortion

Correct Option - 4

Que. 56 Which of the following is used to disinfect the lines used by an HIV positive patient?

1. Cidex solution
2. Sodium hypochlorite
3. Lysol
4. Dettlol with Savlon

Correct Option - 2

Que. 57 A 35 year old P3+0 woman reports severe itching in vagina. On examination you find a red swollen vulva, red vagina with thick curdy white discharge adherent to the vaginal walls. The diagnosis is:

1. Trichomonal vaginitis
2. Candida vaginitis
3. Tubercular vaginitis
4. Chlamydia vaginitis

Correct Option - 2

Que. 58 Under which category asbestosis will be included?

1. Water borne disease
2. Occupational disease
3. Air borne disease
4. Food borne disease

Correct Option - 2

Que. 59 A patient with Intelligence Quotient (IQ) score 30 will be classified under which of the following category?

1. Mild mental retardation
2. Moderate mental retardation
3. Severe mental retardation

4. Profound mental retardation

Correct Option - 3

Que. 60 After lumbar puncture procedure a patient complains of severe headache. As a staff nurse, in which position you will set the bed?

1. Lithotomy position
2. Semi Fowler position
3. Raise Foot end
4. Raise the Head end

Correct Option - 3



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